

# MEDICAL (HEALTH) INTUITION

- 
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# INTUITION

- Ability to sense beyond reasoning
- Understanding without effort
- Beliefs we cannot justify
- Voices, images, knowing!
- Divine or prophetic power
- Most people accept it as “normal”
- Intuition is an inside job!
- **Clean up** your own STUFF first!!!

# CLAIRVOYANCE

- 17<sup>th</sup> Century French
- 6<sup>th</sup> Sense—Beyond the 5 Senses
- To gain info other than 5 Senses
- $\frac{1}{4}$  to  $\frac{1}{3}$  of Americans believe in it
- Considered paranormal/parapsychology
- Called “psychic” by some

# INTUITION

- Focus
- As of Now
- Clear unfinished business
- Photostimulation—3-8 Hz
- Pendulum
- Radionics
- O-Ring
- In-Tu-It

# WHAT IS MEDICAL INTUITION?

Ability to:

- the physical location of disease
- Diagnose which of 17 categories is present

# M.I. Diagnostic Check

- **DO EITHER A & B or B, C, and D**
- If you feel comfortable that you know the specific disease, **JUST** do A & B. Otherwise, give the location and the cause of the problem.
- A. Specific Disease
- B. Patient is **DEAD**\_\_\_\_\_ or **ALIVE**\_\_\_\_\_

# ORIGINS of DISEASE

- Karma—Past and Current
- Thinking
- Actions
- Nutrition
- Physical Activity
- Chaos

# PERSONAL STRESS

- Physical
- Chemical
- Emotional
- Electromagnetic

# STRESS MANAGEMENT

- Autogenic training
- Guided Imagery
- Meditation
- Tai Chi
- Qi Gong
- Music
- Massage
- Hot soaks

# Self-Esteem

- Nurturing first 7 years and nine months of life
- Oxytocin
- Choices

# Intuiting your strengths/ weaknesses

- Attitude
- Habits
- Surroundings

# M.I. Diagnosis (2)

- A. Specific Disease
- B. Physical Location of significant disorder:
  - 1. Brain
  - 2. Head: eyes, ears, nose, mouth, tongue, teeth, sinuses
  - 3. Neck: thyroid, parathyroid, esophagus, bronchi
  - 4. Chest: heart, lungs, esophagus, aorta, ribs, breasts
  - 5. Abdomen: stomach, liver, spleen, pancreas, small intestine, large intestine, kidneys, adrenals
  - 6. Spine: cervical, thoracic, lumbar, sacral
  - 7. Pelvis: bladder, rectum, pelvic bones
  - 8. Reproductive organs: uterus, ovaries, fallopian tubes, vagina, external genitalia or prostate, testes, penis
  - 9. Legs: thighs, calves, feet
  - 10. Arms: shoulders, upper arms, hands
  - 11. Skin
  - 12. Immune system: deficient, allergies, acute or chronic infection, cancer, autoimmune, white blood cells, antibodies, lymph system
  - 13. Chemical system: electrolytes, general chemistry, neurochemistry, neurochemical, hormonal
  - 14. Electrical system: epilepsy, hyperactive, imbalanced
  - 15. Spinal cord
  - 16. Peripheral nerves
  - 17. Autonomic nervous system
  - 18. Blood vessels: veins, arteries, capillaries
  - 19. Systemic: non-specific, high blood pressure, generalized biochemical
  - 20. Skeletal: spine, skull, pelvis, arm, leg, ribs
  - 21. Muscular: specific muscles, generalized muscular
  - 22. Other - Describe

# M.I. Diagnosis (3)

- Psychological, emotional: depression anxiety, ADHD, autism, psychopathy, addiction
- Cancer
- Infectious—bacterial, viral, fungal, protozoan
- Hypertension
- Diabetes
- Inflammatory
- Degenerative includes benign tumors
- Hereditary, congenital
- Hematologic
- Post-traumatic, post-surgical
- Autoimmune
- Electrical, including epilepsy
-

# Chemical, Physical, Emotional Diagnosis I

- Psychological, emotional: depression anxiety, ADHD, autism, psychopathy, addiction
- Cancer
- Infectious—bacterial, viral, fungal, protozoan
- Hypertension
- Diabetes
- Inflammatory

# Chemical, Physical, Emotional Diagnosis II

- Degenerative includes benign tumors
- Hereditary, congenital
- Hematologic
- Post-traumatic, post-surgical
- Autoimmune
- Electrical, including epilepsy

# Medical/Health Intuition

- Begins at HOME!
- You must be able to know what and where your physical, emotional, physiological and spiritual problems are
- Clear YOUR unfinished business before you intuit that of other people!
- KNOW THYSELF!

# SELF KNOWLEDGE

- Relaxation
- Sensing imbalances in your body—sensory biofeedback
- Sensing your anger, guilt, anxiety, depression
- Balancing Body and Emotions
- Spiritual Attunement

**On the journey  
through life, there are  
many paths to  
choose.....**

**Unfortunately, too  
many choose the  
psychopath.....**

# HEALTHY PEOPLE

- “further improvements in the health of the American people can be achieved—through a renewed national commitment to—prevent disease and promote health”
- “This is a consensus of experts—”

Joseph A. Califano, Jr, Sec. of HEW, 1979



**"I know you're a 100 years old, but if you want to live to be 101, you've got to start taking better care of yourself."**

# Causes of Premature Death

- Obesity
- Cigarette smoking/tobacco
- Rx drugs and medical complications
- Depression
- Inactivity
- Alcohol and drug abuse
- Carelessness

# Maryland Bill

- EXCEPT AS OTHERWISE PROVIDED IN THIS TITLE, AN INDIVIDUAL MAY NOT PRACTICE, ATTEMPT TO PRACTICE, OR OFFER TO PERFORM THE LAYING ON OF HANDS, CONSISTING OF PRESSURE OR MOVEMENT ON A FULLY CLOTHED INDIVIDUAL, TO SPECIFICALLY AFFECT THE ELECTROMAGNETIC ENERGY, ENERGETIC FIELD, OR ENERGY MERIDIANS OF THE HUMAN BODY,

# Maryland Bill

- 1) THE AMERICAN REFLEXOLOGY CERTIFICATION BOARD;
- (2) THE INTERNATIONAL ASSOCIATION OF STRUCTURAL INTEGRATORS;
- (3) THE NATIONAL CERTIFICATION COMMISSION FOR ACUPUNCTURE AND ORIENTAL MEDICINE;
- (4) THE NATIONAL CERTIFICATION BOARD FOR THERAPEUTIC MASSAGE AND BODYWORK

# Maryland Bill More

- A NATIONAL ACCREDITATION ORGANIZATION APPROVED BY THE BOARD FOR THIS PURPOSE.

# FREQUENT DIAGNOSES

- Depression---40% of Americans
- Subclinical depression---40% of Americas
- Hypertension---40% of Americans
- Anxiety---60 to 80% of Americans

# MOOD & DEATH

- 75% of cancer deaths—lifelong depression
- 15% of cancer deaths lifelong anger
- 9% of cancer deaths lifelong both
- 75% of coronary deaths lifelong anger
- 15% of coronary deaths lifelong depression
- 9% of coronary deaths lifelong both

## Diagnostic Features of EMD

- **Chronic fatigue**
- **Various immune symptoms (multiple allergies, myeloencephalopathy, chronic Epstein-Barr, candidiasis)**
- **Depression**
- **30 or more symptoms**
- **DHEA less than 450 in a man; less than 350 in a woman**

# HEALTH

- Health—stress, habits, essentials, symptoms, biochemistry
- Major diseases---inflammation versus degeneration, autoimmune diseases
- Hypertension and coronary artery disease
- Cancer
- Diabetes
- Fatigue, Electromagnetic Dysthymia, Lyme's Disease

# HEALTH

95% of people are born healthy and become unhealthy because of

- Physical Stress
- Mental/Emotional Stress
- Chemical Stress
- Electromagnetic Stress

# Physical Stress

- Injuries
- Surgery
- Heat
- Cold
- Overexertion

# Electromagnetic Stress

- 60 cycle, fluorescents, etc
- Electrical equipment and gadgets
- Electromagnetic bombardment
- Inadequate potassium, magnesium, Taurine

# Common Diseases

- Hypertension
- Diabetes
- Atherosclerosis
- Infections
- Autoimmune
- Emotional/Mental
- Inflammation
- Degenerative
- Cancer

# Chemical Stress

- Sugar, high fructose, sweetener
- Artificial sweeteners-Aspartame, Splenda, etc
- MSG
- Excess Acidity
- Tans-fats
- Artificial, fake food
- 550,000 chemical poisons
- Fluoride, chlorine, etc
- Wheat

# Mental/Emotional Stress

- Anger
- Anxiety
- Guilt
- Depression
- Psychopathy
- Dementia

# NO DRUGS NEEDED

- Mild to moderate hypertension
- Early type 2 diabetes
- Most migraine
- Osteoporosis
- High cholesterol
- Mild to moderate depression
- Mild to moderate anxiety
- Prostate enlargement

# Where Conventional Med Shines

- Acute emergencies: trauma, advanced serious illness
- Healthy pregnancy
- Technology
- Diagnosis
- Postponing death
- Sustaining some chronically ill patients

# Reasons for CAM

- “80% of serious illnesses seem to develop when the individual feels helpless or hopeless”
- “over 99 percent of us are born healthy and made sick as a result of human misbehavior”

John Knowles, DAEDALUS, Winter, 1977

# Where CAM Shines

- Stress Reduction
- Education
- Spinal Mechanics
- Depression Therapy
- Anxiety Therapy
- Health Promotion
- Nutrition
- Physical Activity

# Homocysteine

- More risky than cholesterol
- EASILY corrected with:
  - Folic Acid
  - B 12
  - B6
  - Vitamin C
  - Trimethylglycine

# HS-CRP

- **More risky than cholesterol**
- **Caused by:**
  - **Stress/anger**
  - **Smoking**
  - **Obesity**
  - **Infectious agents**
  - **Poor nutrition**

# Lowering HS-CRP

- **Avoiding the causes**
- **Co-Q 10**
- **Omega-3**
- **L-Arginine**
- **L-Taurine**
- **Whey**
- **Treat obvious infections**
- **54-78 Giga Hz**
- **Crystal Bliss**

# FREE RADICALS

- Ultimate cause of aging, illness, death
- Reduced by:
  - Stress reduction
  - Fruits and vegetables
  - Application of human DNA frequencies
  - 54 to 78 GigaHz
  - Inadequate evidence for supplements

# Ring of Crystal

- Crystal Bliss reduces free radicals 80%
- Nothing else known is this effective
- 80% success over one year!

# THE BIG 3

- DHEA
- CALCITONIN
- FREE RADICALS



**This is quite amazing!!!**

If you see this lady turning in **clockwise** you are using your **right brain**.

If you see it the **other way**, you are using **left brain**.

Some people do see both ways, but most people see it only one way.

If you try to see it the other way and if you do see, your IQ is above 160 which is almost a genius.

Then see if you can make her go one way and then the other by shifting the brain's current.

**BOTH DIRECTIONS CAN BE SEEN**

This was proved at Yale University , over a 5 year study on the human brain and it's functions. Only 14% of the US population can see her move both ways.

Really?



GOOD

Are you observing?

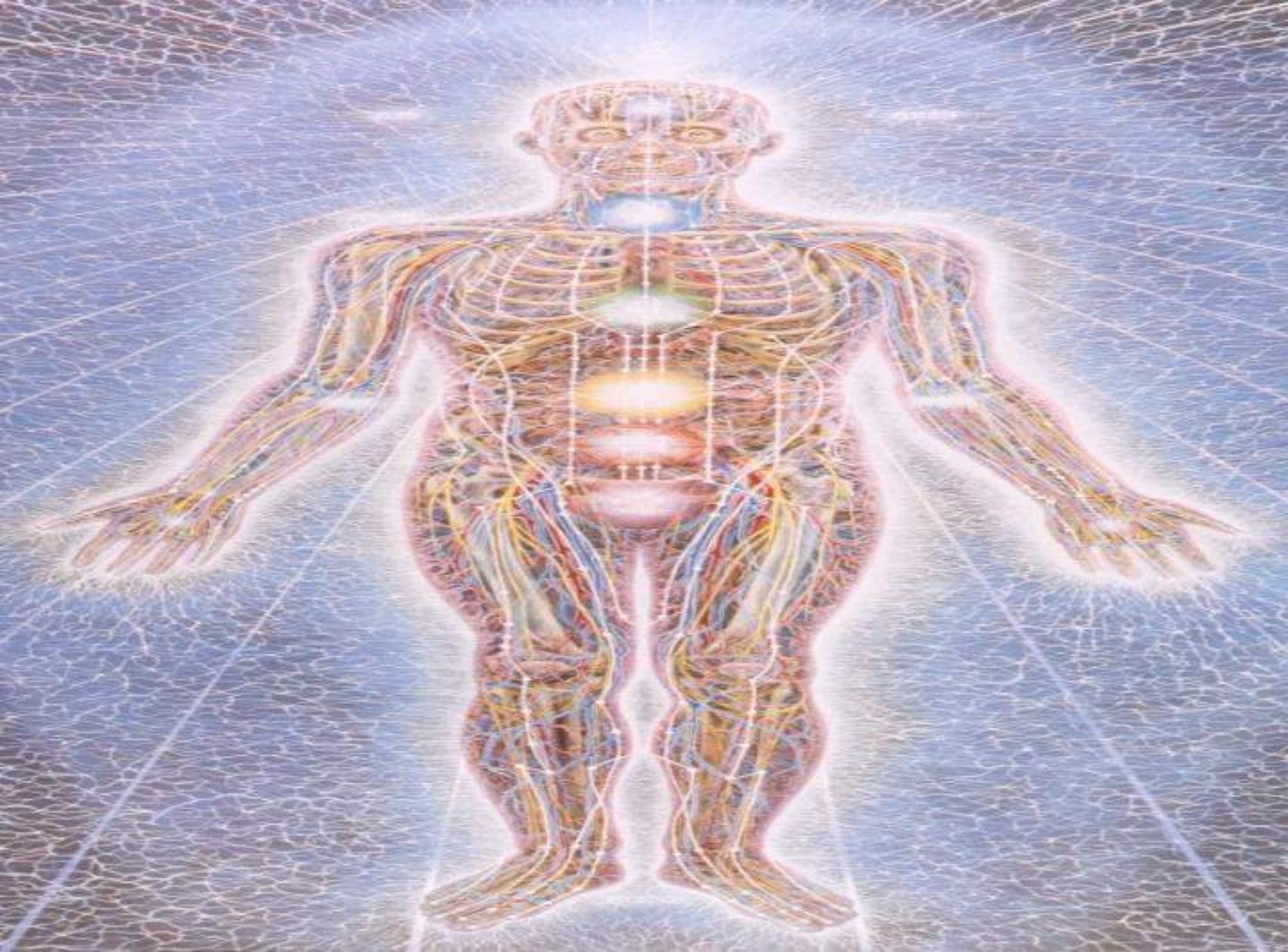


Can you see both?



A large blue triangle with a white border and a subtle gradient. Inside the triangle, the text "A BIRD IN THE THE BUSH" is written in white, bold, sans-serif capital letters, arranged in four lines.

A  
BIRD  
IN THE  
THE BUSH



# KARMA

- Every major disease is karmic
- Past life therapy essential

# ARE YOU READY FOR HEALTH

## ESSENTIALS

- Attitude
- No smoking
- BMI 18-24
- Minimum of 5 servings fruits/veggies
- Exercise 30 minutes 5 days a week

# Biogenics

- As of now
- Positive attitude
- Relaxation
- Balancing body feelings
- Balancing emotions
- Spiritual attunement

# Balancing Body Feelings

- Talk to
- Tense-Relax
- Love it
- Circulate electrical energy
- Breathe through
- Expand electromagnetic energy
- Collect and release
- Image

# Balancing Emotions

- Fight
- Divorce
- Go for sainthood

# Unfinished Emotional Drains

- Fear
    - Anxiety
    - Anger
    - Guilt
    - Depression
- Over anything!

# Resolution

Fight

Flight

Go For Sainthood

# Spiritual Attunement

- Connect with soul, divine, God
- Every thought is a prayer
- Prayer sets in force spiritual forces to change in body, mind, companions, hopes and despair

# Resolution

Fight

Flight

Go For Sainthood

# EMOTIONAL BALANCING

- Left Brain—Fight, Flight, Go with Flow
- Right Brain:
  1. Gestalt
  2. Guided Imagery
  3. Zen
  4. Self Image
  5. Create your own

# BALANCING EMOTIONS

- Left Brain—Fight, Flight. Sainthood
- Right Brain---EXPERIENTIAL!!

Self-Image

Zen

Age Regression

Past Life

Create your own!

# BIOGENICS

## SPIRITUAL ATTUNEMENT

- EVERY THOUGHT IS A PRAYER
- CONNECT WITH SOUL
- CONNECT WITH GOD

# Christ Consciousness

- Forgiveness
- Tolerance
- Serenity
- Hope
- Faith
- Reason
- Will
- Love—the desire to do good to others

# Psychics predict world didn't end yesterday

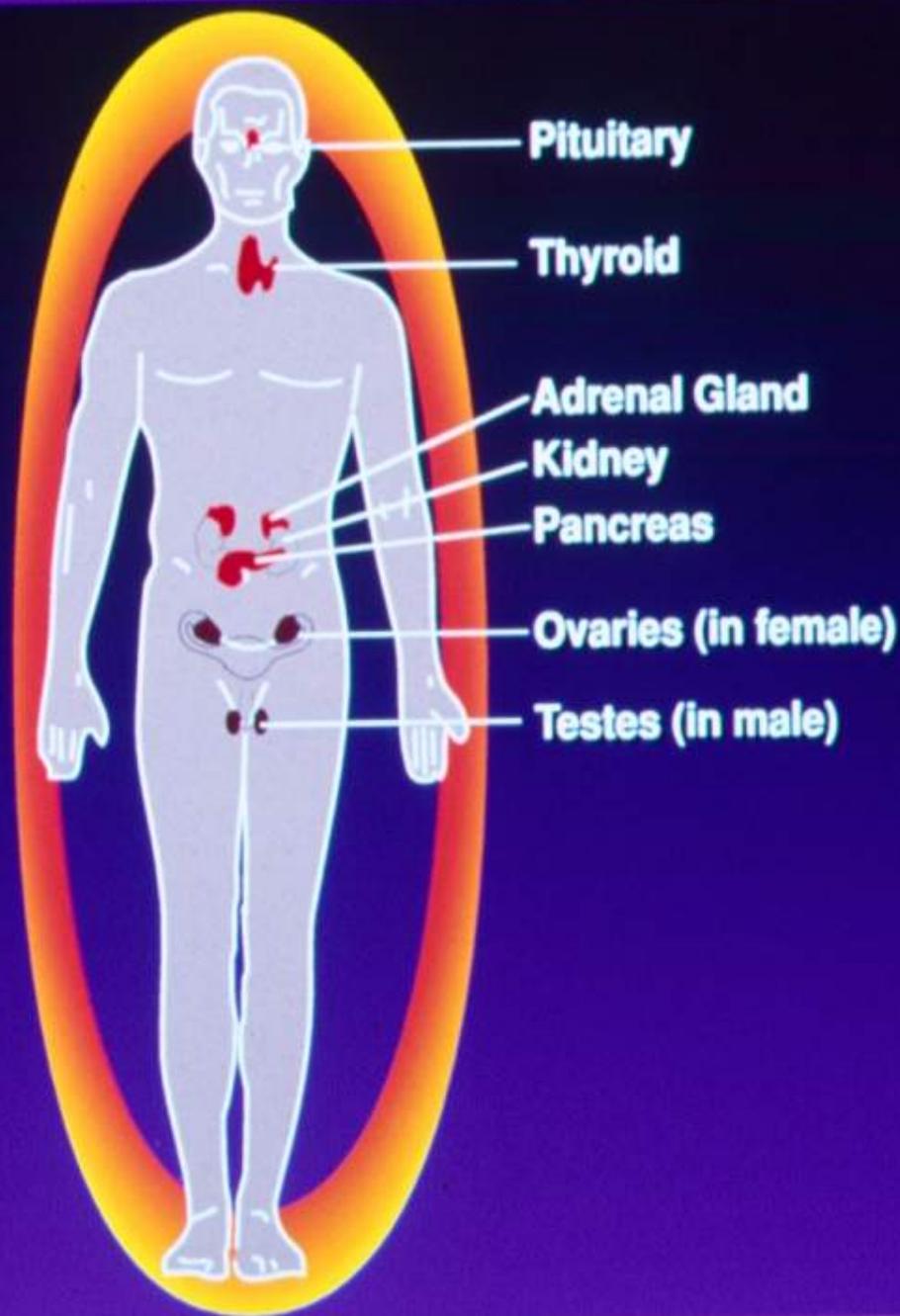
Two seers also envision Treasure Coast boom



# The Ring of Fire



# Ring of Fire Enhances the Endocrine System



# DHEA LEVELS AND STRESS

| Serious Deficiency |                        | Worrisome Low                      | Fair                | Good               | Excellent           |
|--------------------|------------------------|------------------------------------|---------------------|--------------------|---------------------|
| Male               | <180                   | 180 - 349                          | 350 - 599           | 600 - 749          | 750 - 1250          |
| Female             | <130                   | 130 - 299                          | 300 - 449           | 450 - 549          | 550 - 980           |
| <b>EXHAUSTION</b>  |                        | <i>← PROGRESSIVE MALADAPTATION</i> |                     | <b>ADAP-TATION</b> | <b>HOMEO-STASIS</b> |
|                    | <b>↓</b>               |                                    | <b>↓</b>            |                    |                     |
|                    | <b>SERIOUS ILLNESS</b> |                                    | <b>DEGENERATION</b> |                    |                     |

# DHEA ENHANCEMENT

Progesterone

Ring of Fire

Youth Formula

Magnesium Lotion

Joy

Sex

Exercise

Sunshine

Meditation

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# THINGS THAT DON'T WORK

- **Blue Green Algae**
  - **Adrenal Gland**
  - **Wild Yam**
  - **Alpha Stim<sup>®</sup>**
  - **Regular TENS**
-

# DHEA-- DEHYDROEPIANDROSTERONE

- Low or deficient in ALL diseases
- Associated with low Magnesium
- Represents Stress Reserves
- Should be most abundant hormone in body
- Free DHEA essential, not DHEA-S

# RING OF FIRE

- K 3
- CV 2, 6, 18
- B 22
- MH 6
- LI 18
- GV 20

# Ring of Fire

- Raises DHEA 60 to 100%
- Improves 70 to 80% of patients with:
- Migraine
- Diabetic neuropathy
- Rheumatoid arthritis
- Depression
- Fire BLISS

K3 - Midway between the tip of medial malleolus and tendo calcaneus.

CV2 - In the superior border of the public symphysis, on the midline of the abdomen.

CV6 - 1.5 cun below the umbilicus, on the midline of abdomen.

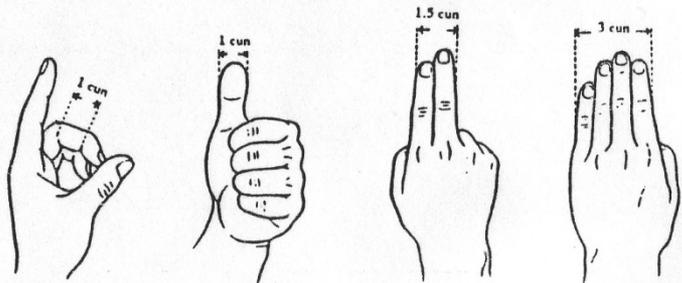
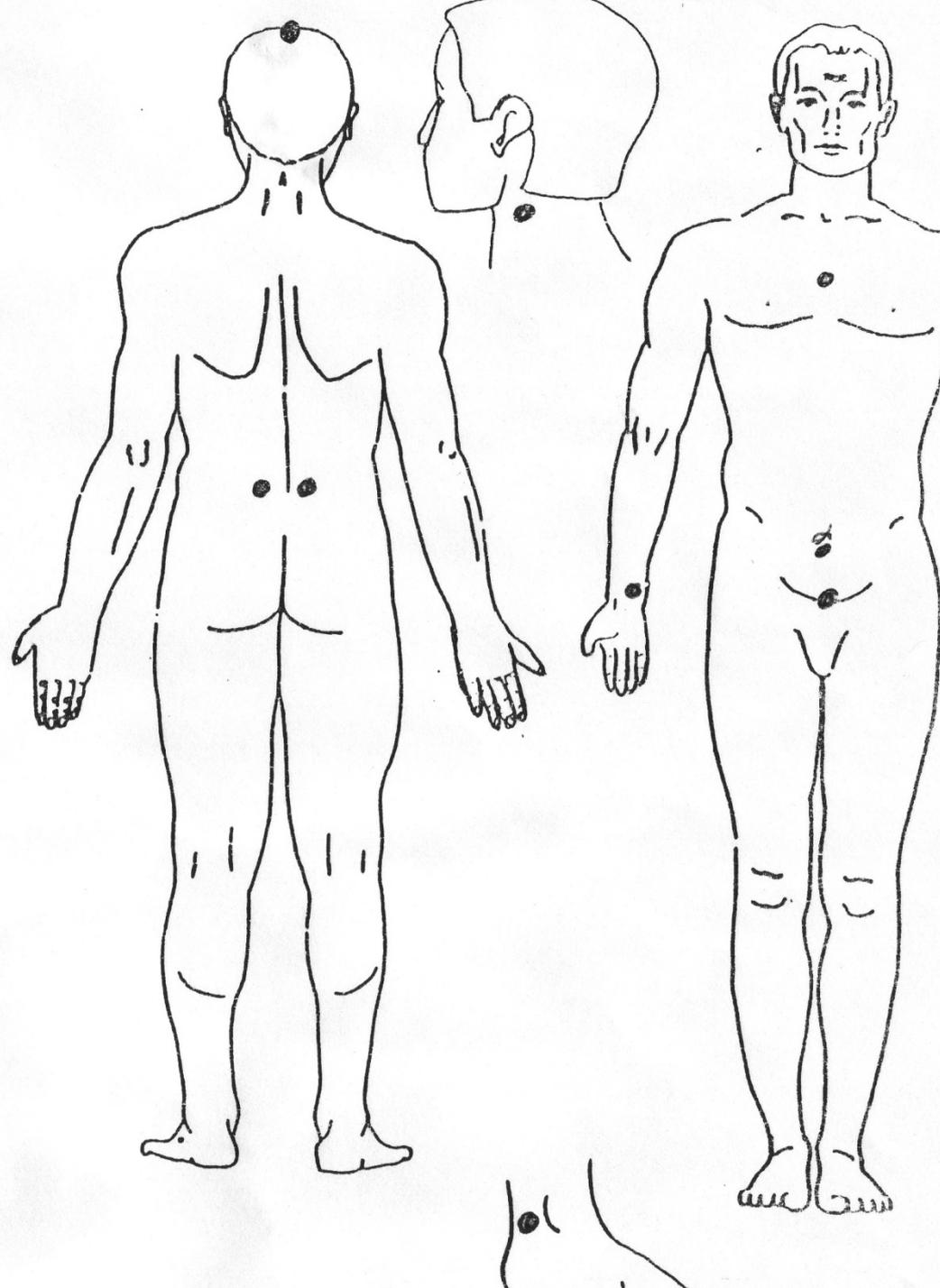
B22 - 1.5 cun lateral to the lower border of the spinous process of the 1<sup>st</sup> lumbar vertebra.

MH6 - On the ulnar side of the wrist, on the radial side of the tendon M. flexor carpi ulnaris, below pisiform bone.

LI18 - 3 cun lateral to the thyroid cartilage, between the sternal head and the clavicular head of the sternocleidomastoid muscle.

CV18 - On the midline of abdomen, 1.6 cun above line of two nipples, at the level of 3<sup>rd</sup> intercostal rib.

GV20 - 7 cun above the posterior hairline, midway on a line connecting apex of both ears.



# Ring of Crystal



SP4

CV8.5

GV4.5

CV14.5

GV7.5

GV14.5

CV23

GB30.5

GB11

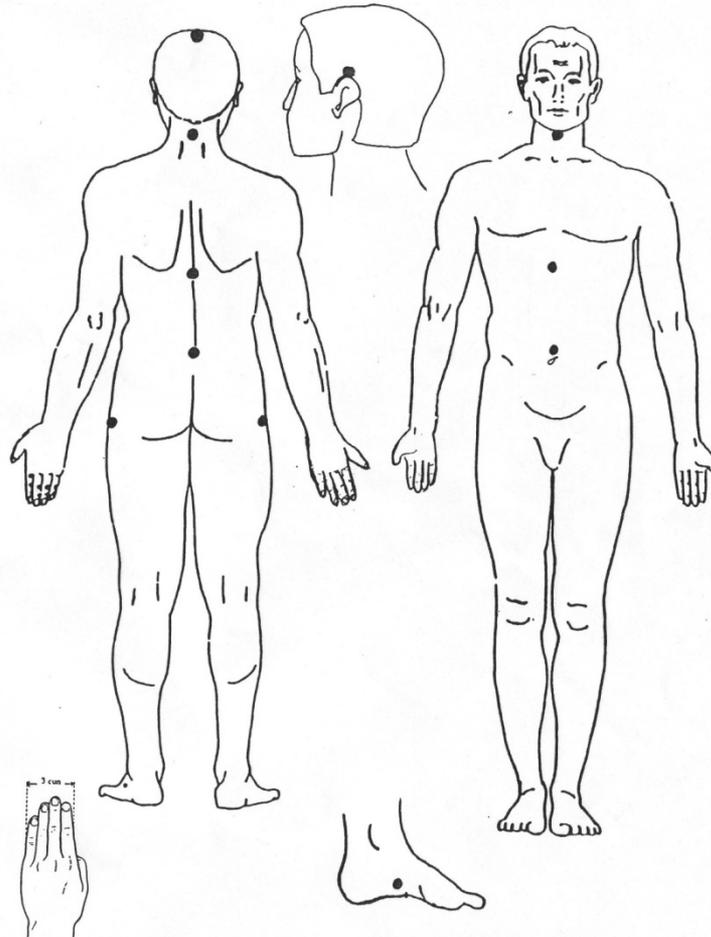
GV20

Regulates overall energetic system  
Assists in regeneration

# Ring of Crystal

## RING OF CRYSTAL

- SP4 - On the medial aspect of foot, in a depression at the anterior and inferior border of 1<sup>st</sup> metatarsal bone, at the junction of the "red and white" skin.
- GB30.5 - 2 cun lateral of greater trochanter to major trochanter, lateral side of upper leg.
- CV8.5 - .5 cun above umbilicus.
- GV4.5 - On spinous process of 2<sup>nd</sup> lumbar vertebra.
- CV14.5 - 6.5 cun above the umbilicus on midline of abdomen.
- GV7.5 - On spinous process of 9<sup>th</sup> thoracic vertebra.
- GV14.5 - On spinous process of 3<sup>rd</sup> cervical vertebra.
- CV23 - Midline of neck, midway between tip of the cricoid cartilage and the border of the mandible.
- GB 7 - In depression 1 cun posterior of the horizontal line of the auricle.
- GV20 - 7 cun above the posterior hairline, midway on a line connecting apex of both ears.



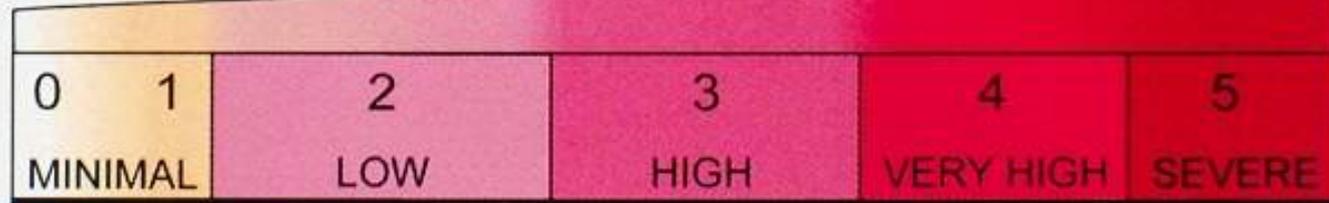
# OxiData test

## FREE RADICAL ACTIVITY EVALUATION COLOR CHART

Individual Free Radical Test Results and Antioxidant requirements may vary. Adjust Antioxidant dosage according to the test results. Many factors may affect free radical activity. For more detailed information, go to **oxidata.com**.

### RECOMMENDED TEST SCHEDULE:

Test every four weeks.



Free Radical Activity as measured by MDA levels in the urine.

# Free Radical Testing

- OxiData test for malondialdehyde
- Reactive oxygen species degrade polyunsaturated lipids, forming malondialdehyde
- Represents cell wall death from free radicals
- Oxygen Reactive Absorption Capacity
- ORACS to balance

# Ring of Earth

- K1** Useful for magnetic contact with Earth  
Overcoming phobic relations
- B54, 60** Skin disorders
- LI16** Redesign of physical body
- S9** Overcoming seductions, including drug  
addictions
- SI17** To overcome illusions & possession
- GV20** Cerebral Palsy, confusion  
ALS, physical pain  
For neurological disorders, need also the  
Roc  
With seduction, the sexual organs, liver and  
kidneys are at risk

# Ring of Earth

**Increases calcitonin significantly**

**Keeps skeleton strong**

**Made in thyroid**

**Need body temperature of 98.6 of Iodine!**

**Earth BLISS**

## THE RING OF EARTH

**K1 (Kidney)** In the depression at the junction of anterior and middle third of the sole in a depression between the 2nd and 3rd metatarso-phalangeal joint when the toes are plantar flexed

**B54 (Bladder)** Exact midpoint of the popliteal transverse crease

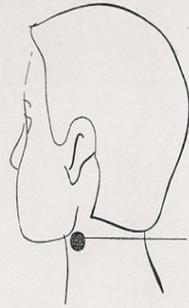
**B60 (Bladder)** Between the posterior border of the external malleolus and the medial aspect of tendo calcaneus at the same level as the tip of the malleolus

**LI16 (Large intestine)** In the depression between the clavico-acromial extremity and the spine of the scapulae

**ST9 (Stomach)** Posterior to the common carotid artery on the anterior border of the M. Sternocleidomastoid, lateral to the thyroid cartilage

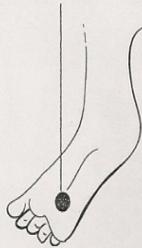
**SI17 (Small intestine)** Posterior to the angle of the jaw on the anterior border of M. sternocleidomastoid

**GV20 (Governing vessel)** 7 cun above the posterior hairline, midway on a line connecting apex of both ears



**SI17  
(BILATERAL)**

**K1 (BILATERAL)**



**B60 (BILATERAL)**

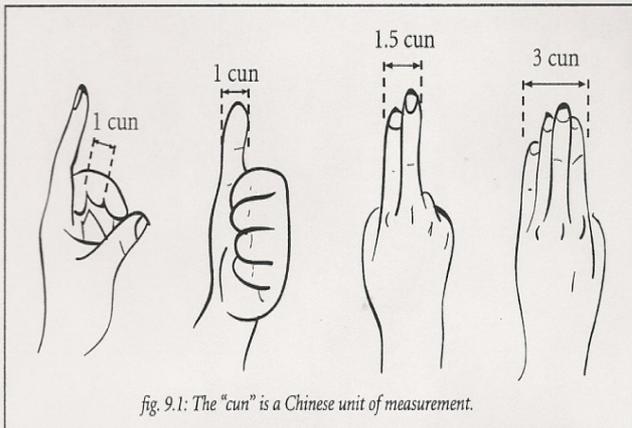
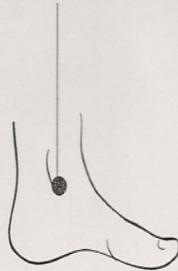
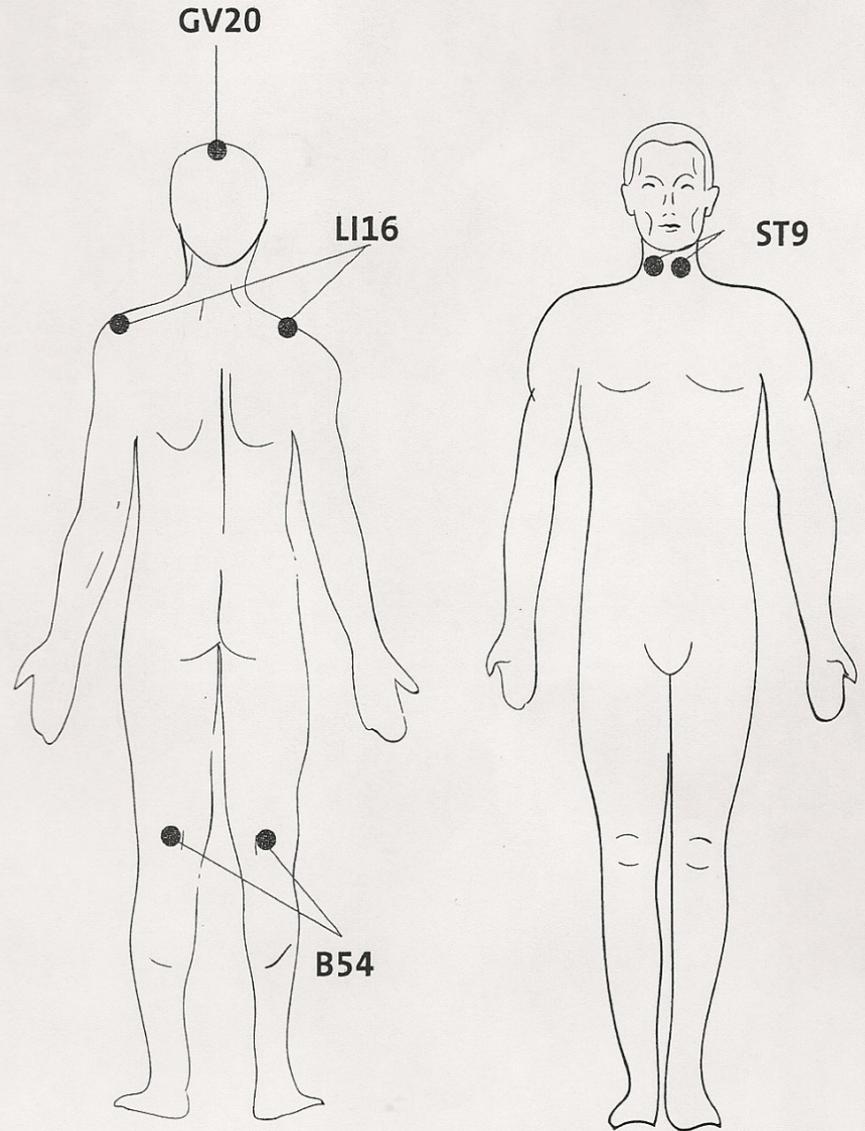


fig. 9.1: The "cun" is a Chinese unit of measurement.

## THE RING OF EARTH



# Ring of Water

**SP4**

**Balancing emotions, forgiveness**

**H7**

**Contacting Christological heart**

**B10, 13**

**Obesity, lowering cholesterol**

**CV14**

**All edema and congestion**

**TH16**

**GV8, 20**

SP4 - On the medial aspect of foot, in a depression at the anterior and inferior border of 1<sup>st</sup> metatarsal bone, at the junction of the "red and white" skin.

H7 - On the ulnar side of the wrist, on the posterior border of the pisiform bone, in the depression at the radial side of the tendon M. flexor carpi ulnaris.

B10 - 1.3 cun lateral to midline of 1<sup>st</sup> and 2<sup>nd</sup> cervical vertebrae, on the lateral side of M. trapezius.

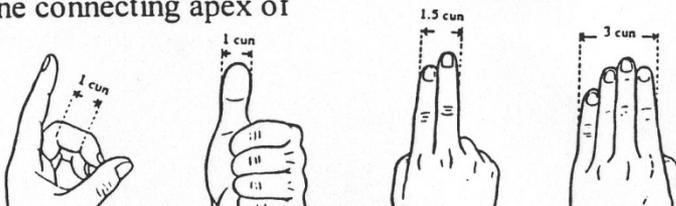
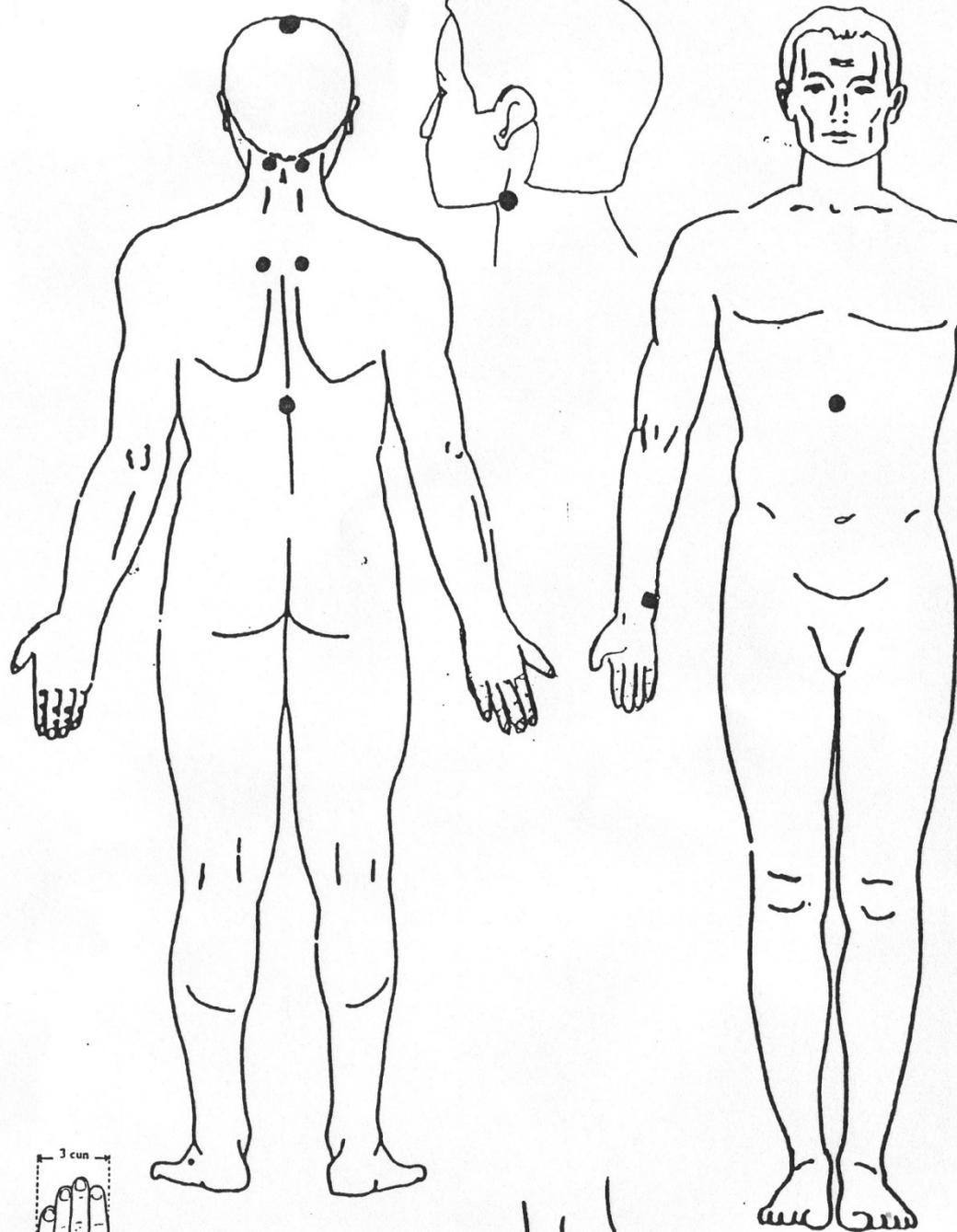
B13 - 1.5 cun lateral to the lower border of the spinous process of the 3<sup>rd</sup> thoracic vertebra.

CV14 -6 cun above the umbilicus, on midline of the abdomen.

TH16 -Posterior and inferior to the mastoid process, in the posterior border at M. sternocleidomastoid, at the level of the angle of the mandible.

GV8 - Below the spinous process of the 9<sup>th</sup> thoracic vertebra.

GV20 -7 cun above the posterior hairline, midway on a line connecting apex of both ears.



# Ring of Water

- Normalizes aldosterone
- Balances Emotions
- With Ring of Fire weight loss!
- Water BLISS

# Ring of Air

- **Neurotensin is a neuroleptic**
- **Helps DETACH**
- **Simultaneity of thought—INTUITION!**
- **Especially good with Air BLISS**
- **Great for depression, anxiety, ADHD, Autism, etc!**
- **Oxytocin—bonding, nurturing, happiness**
- **Air BLISS is easiest road to happiness!**

Sp1A - On the medial side of the great toe, 0.1 cun posterior to the corner of nail.

Liv3 - Between the 1<sup>st</sup> and 2<sup>nd</sup> toe, 2 cun proximal to the margin of the web.

S36 - 3 cun below lateral side of patella, one finger breadth from anterior crest of tibia.

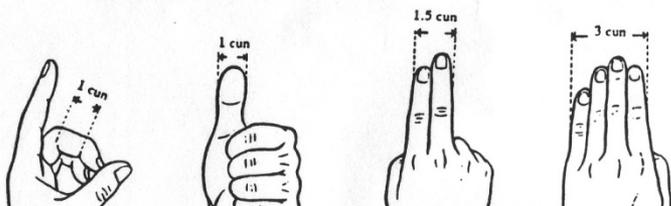
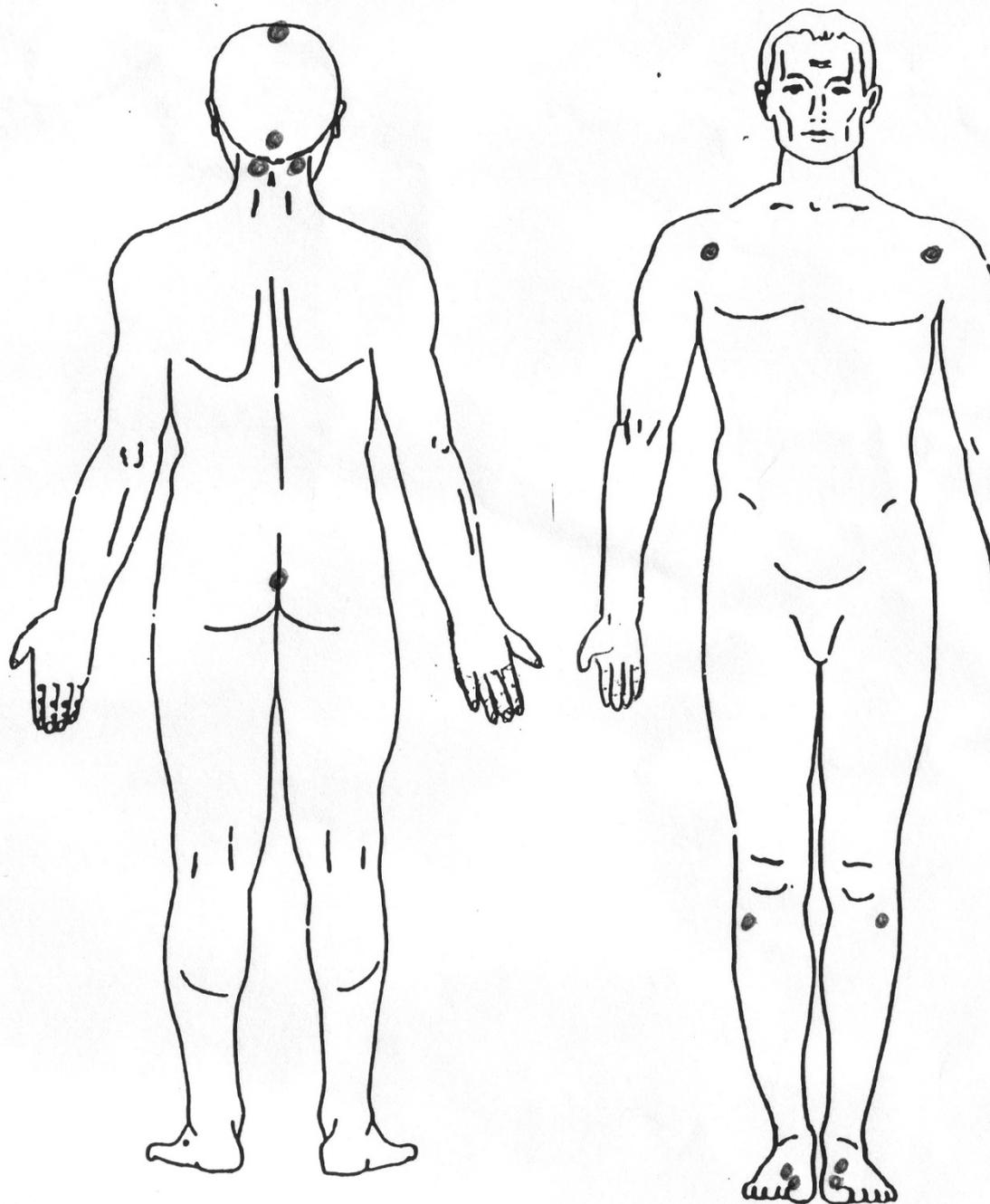
L1 - On the lateral aspect of chest, in the interspace of the 1<sup>st</sup> and 2<sup>nd</sup> rib, 6 cun lateral to midline of chest.

G20 - In depression between the M. sternocleidomastoid and the upper portion of the M. trapezius. Specifically, between the depression directly inferior to the occipital protuberance and the mastoid.

GV1 - Midway between the top of coccyx and the anus.

GV16 - Directly below the occipital, protuberance, in the midline, in a depression 1 cun above the hairline.

GV20 - 7 cun above the posterior hairline, midway on a line connecting apex of both ears.



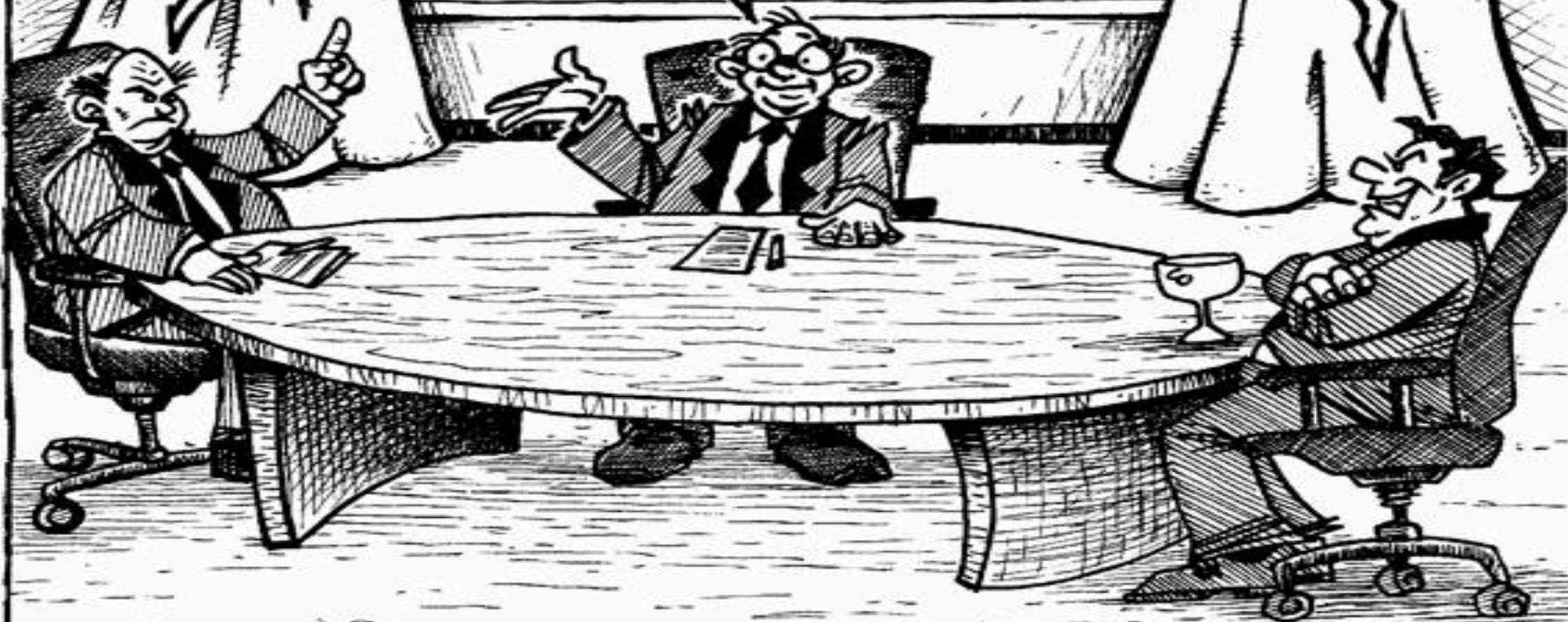
# COUNTERTHINK

## THE BIRTH OF BIG PHARMA

I HAVE AN IDEA, LET'S DRUG HALF THE POPULATION.

I HAVE A BETTER IDEA, LET'S GET EVERYONE TO PAY US FOR THOSE DRUGS.

I HAVE THE BEST IDEA, LET'S CALL IT MEDICINE.



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CONCEPT-MIKE ADAMS ART-DAN BERGER

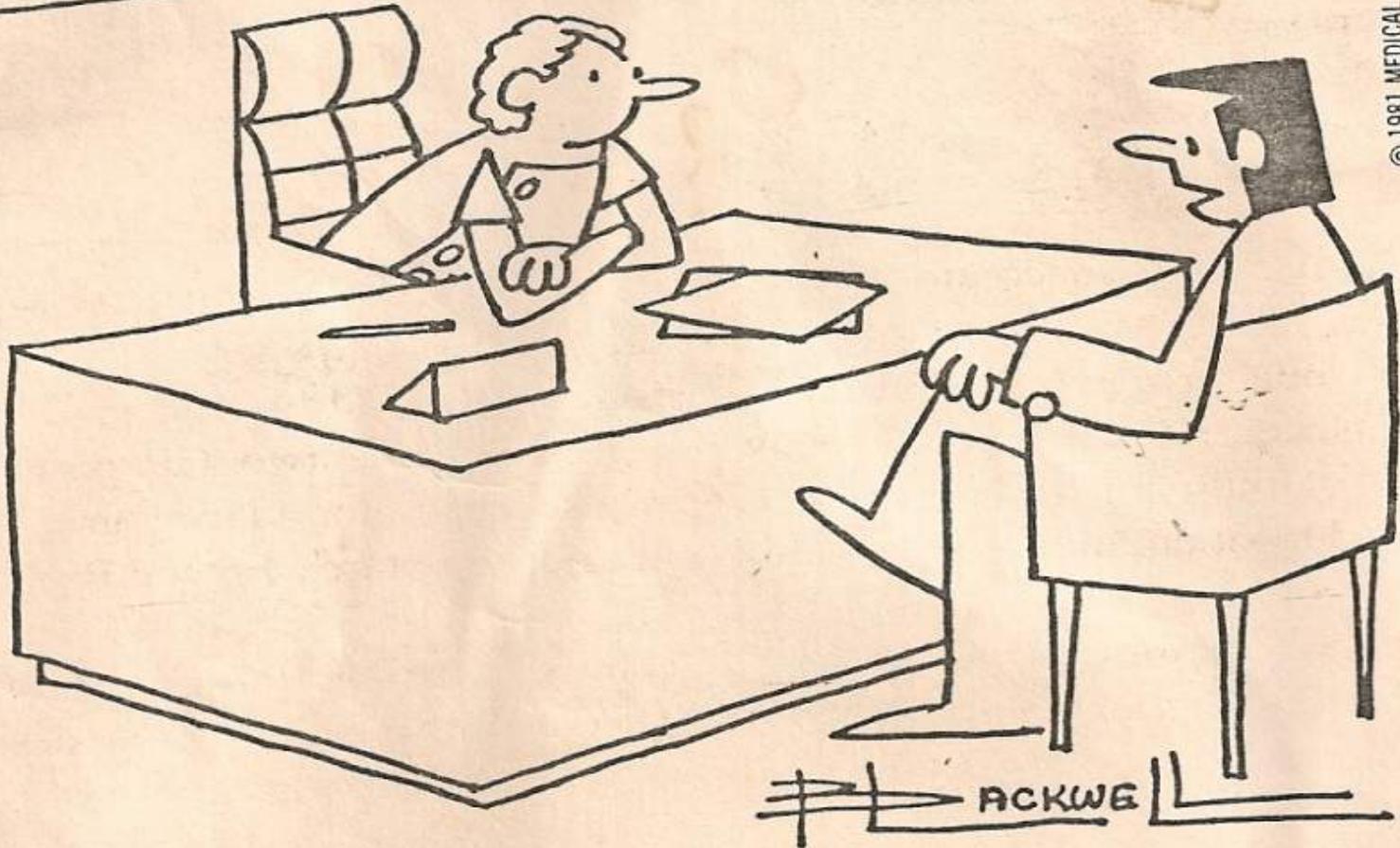
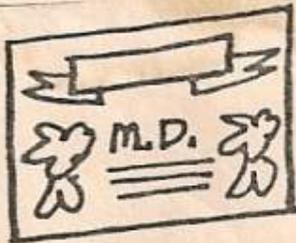
WWW.NATURALNEWS.COM

ON THE BRIGHT SIDE,  
WE CAN EXPECT REALLY  
LONG DELAYS BEFORE  
THEY EUTHANIZE US!

HEALTH  
REFORM  
SCARE  
TACTICS

8/3/19 SATURDAY

DEL  
PITT



“After one checkup, you made me quit smoking because I smoked too much. Next, you made me quit drinking because I drank too much. Now I’m just back from my honeymoon, so this checkup scares the hell out of me!”

# LIVING TO 100

- Positive Attitude
- Body Mass Index 18-24
- No Smoking
- Real Food—at least 10,000 ORACS
- Exercise minimum of 30 minutes 5 days/week
- Less than 2 alcoholic drinks/day
- No street drugs

# LIVING TO B140

- ATTITUDE
- SUPPLEMENTS
- Magnesium Lotion
- STIMULATION OF Rings of Fire, Earth, Crystal or
- RejuvaMatrix

# THE SECRET OF LIFE

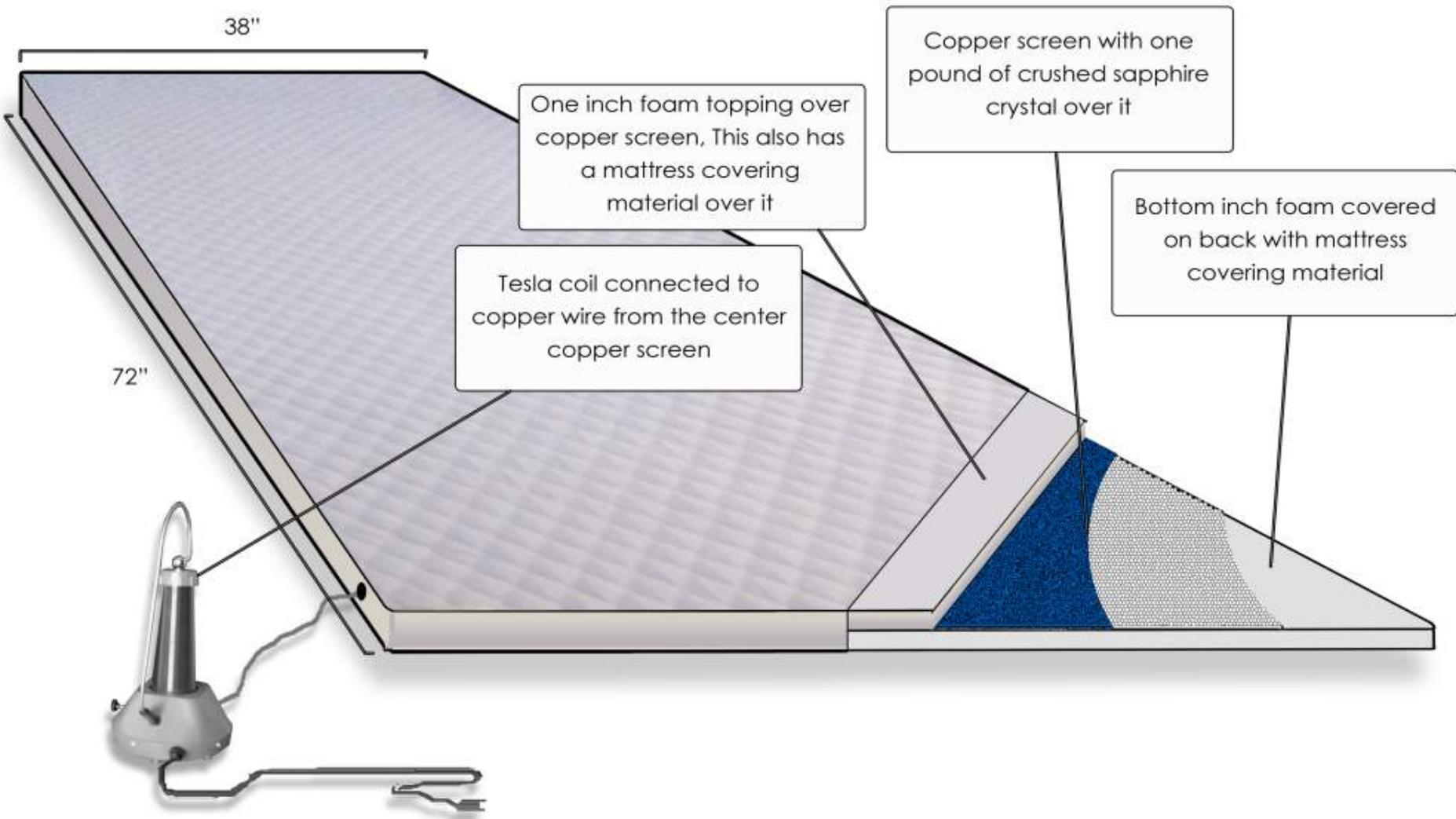
Georges Lakhovsky published in 1925:  
Human DNA frequency is 50+ GHz

He treated over 300 patients with the  
Lakhovsky Multi-Wave Oscillator with reports of  
curing many diseases



# RejuvaMatrix

- Provides 54-78 GHz field at one billionth of a watt/cm sq or 75 decibels
- Safe level is 1000 times this strength!
- 75 patients treated under IRB protocol, 25 each with rheumatoid arthritis, depression, or chronic back pain
- 70% markedly improved



# TELOMERES

Normally shorten 1% each year

Are key to longevity and health

Healthy Lifestyle slows telomere shortening

Are shorter in virtually every known disease

Short telomeres weaken immunity/health

# TELOMERES

- Are the tip of each strand of the double helix of DNA
- Are crucial for health and longevity
- Allow cells to reproduce themselves
- All cells in body are replaced in a MAXIMUM of 7 years; many are replaced much more frequently

# TELOMERE REJUVENATION

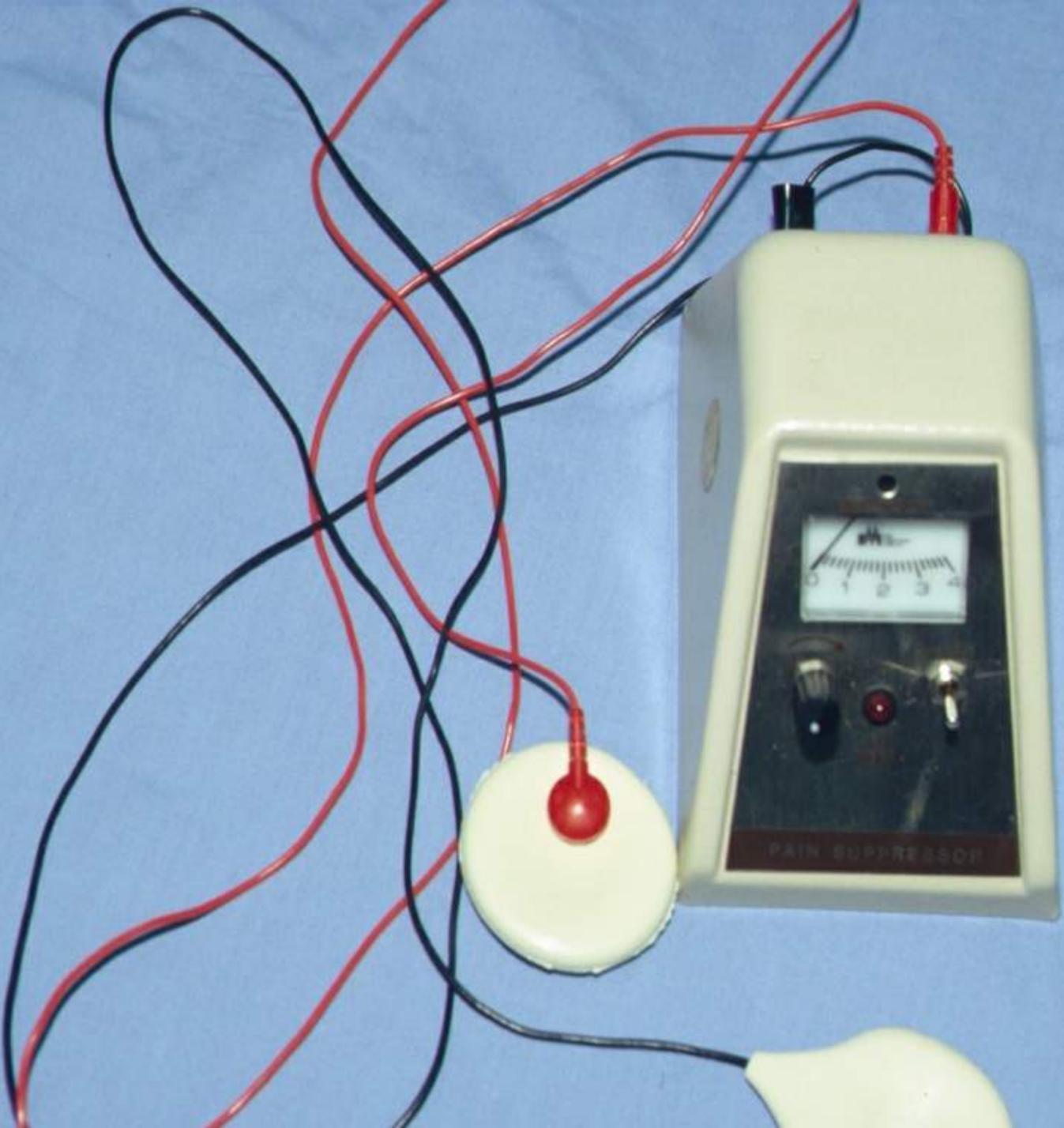
In 49 people average 3.5% regeneration each year, instead of expected 1% shrinkage!

Can be done with RejuvaMatrix, GigaTENS  
on Rings of Fire, Earth and Crystal or  
with Fire, Earth and Crystal Bliss

# RejuvaMatrix Implications

- Peak DHEA levels at age 25
- By age 80, DHEA less than 10% of age 25
- Rings of Fire, Earth and Crystal have longevity potential
- If a 50 year old can rejuvenate telomeres at 3.5% each year, they could have telomeres of a 25 year old within 7 years
- 75 year old would require 14 years





# NUTRITION

- More evidence than all drugs combined
- Widespread deficiencies in B6, folic acid, C, magnesium, calcium, trace minerals, omega-3, D3, iodine
- Complications of artificial foods---MSG, aspartame, hydrogenated fats, “pop”, fast foods

# MAGNESIUM

- Deficient in at least 80% of people throughout world
- Critical in 350 enzymes
- Maintains cell electrical integrity
- Poorly absorbed & causes diarrhea
- Must stay in intestine 12 to 14 hours
- Magnesium lotion 10 to 12 times more efficient

# PHYSICAL ACTIVITY

- Less than 10% get adequate exercise
- Single greatest stress reducer
- Halitosis is better than no breath at all---any movement is better than none!

# ALLERGIES

- Can cause ANY symptom or disease, including obesity, depression, confusion and even psychosis!
- Wheat, corn, eggs, dairy, citrus, peanuts most common—can be to anything!
- Gluten—worst of lot! [www.enterolab.com](http://www.enterolab.com)
- Two-thirds of people are lactose intolerant

# IMMUNE STRENGTH

- Joy
- Physical exercise
- Real food
- Sunlight
- D 3
- ORACS----cocoa nibs! 45,000 ORACS per  
tablespoon

# ESSENTIAL SUPPLEMENTS

- D 3, 50,000 UNITS PER WEEK
- K 2, 100 MCG PER DAY
- Omega-3, 3000 mg per day
- Youth Formula, 4 per day C, MSM, beta 1,3 glucan, molybdenum
- B complex, 25 to 100 mg per day
- Adequate folic acid and B 12
- Magnesium lotion

# Depression/Anxiety Therapy

- Tryptophan
- Lithium Orotate and B complex
- Education
- Liss CES, Shealy Series
- Shealy RelaxMate II
- 90 DAYS TO STRESS-FREE LIVING
- Transdermal magnesium

85% success in 30,000 patients

IT'S THE REAL THING!

THE PAUSE  
THAT  
REFRESHES



# HUMAN DNA FREQUENCY

- 54 TO 78 GHz
- Sun strength at earth: one ten-billionth of a watt per cm squared
- Illness decreases strength of human DNA but not the frequency
- Ukrainian physicists have applied one billionth of a watt/cm sq. at 54-78 GHz to acupuncture points to treat many diseases

## **CREATIVE LOGS**

### **EXERCISE BLOCK / INSTRUCTIONS**

**1- PLACE BLOCK ON FLOOR IN CENTRE OF ROOM**

**2- WALK AROUND BLOCK TWICE,  
SIT DOWN AND RELAX**

**3- IF ANYONE ASKS, HAVE YOU EXERCISED TODAY?**

**TELL THEM YOU WALKED AROUND THE BLOCK TWICE!!!**

**HOLISTIC = HOLY = SACRED**

God +  
↗

# LOVE

- **THE DESIRE TO DO GOOD TO OTHERS**
- **NURTURING---SELF AND OTHERS**





# HEALER EFFECTS

CHANGING EEG FROM A DISTANCE



POWER  
( $\mu V^2$  pK)

20

40

60

FP 1

40

60

FP 2

40

60

O 1

40

60

O 2

40

60

CZ

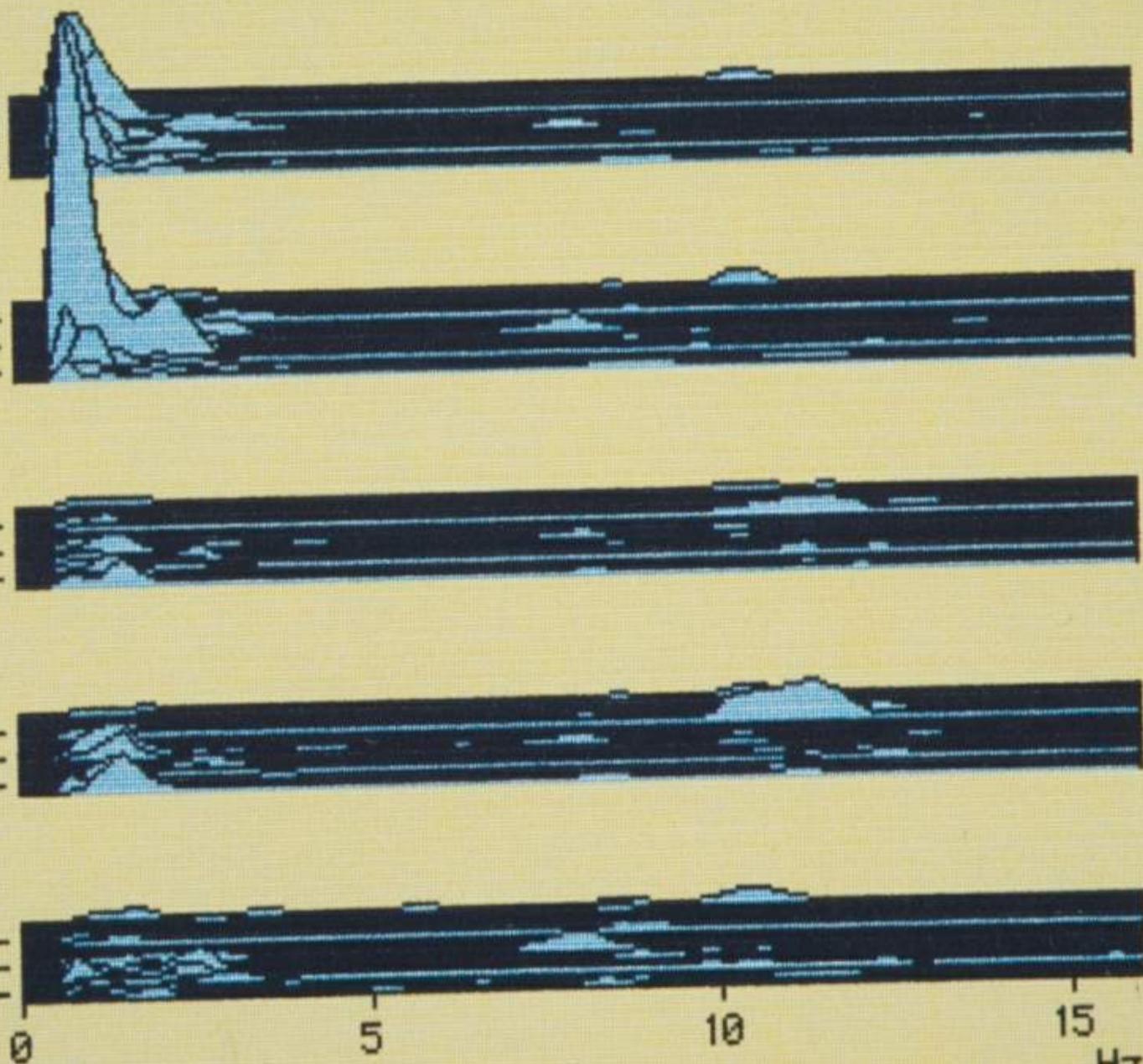
0

5

10

15

Hz



POWER  
( $\mu V^2$  pK)

20

180  
200

FP1

180  
200

FP2

180  
200

01

180  
200

02

180  
200

CZ

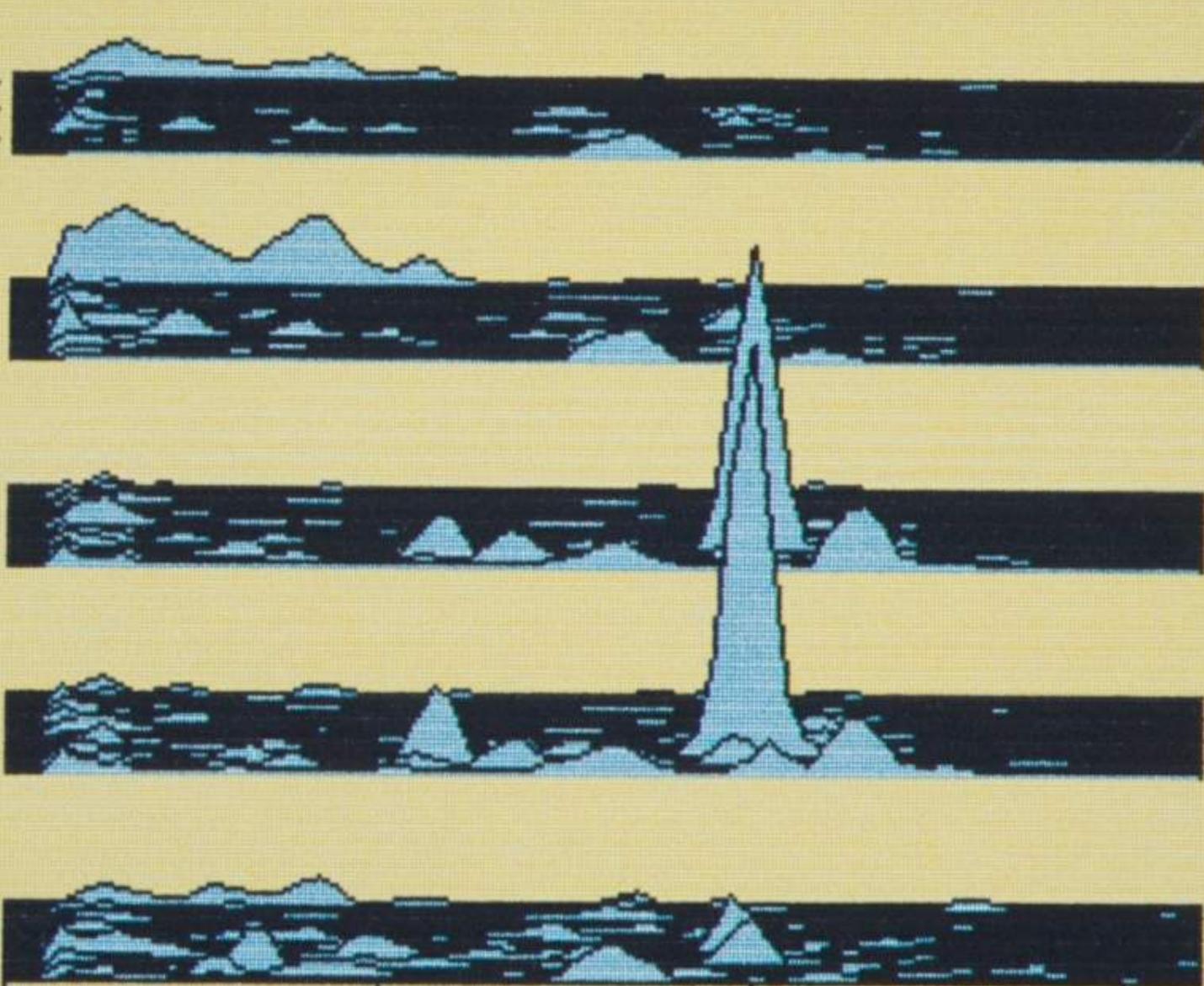
0

5

10

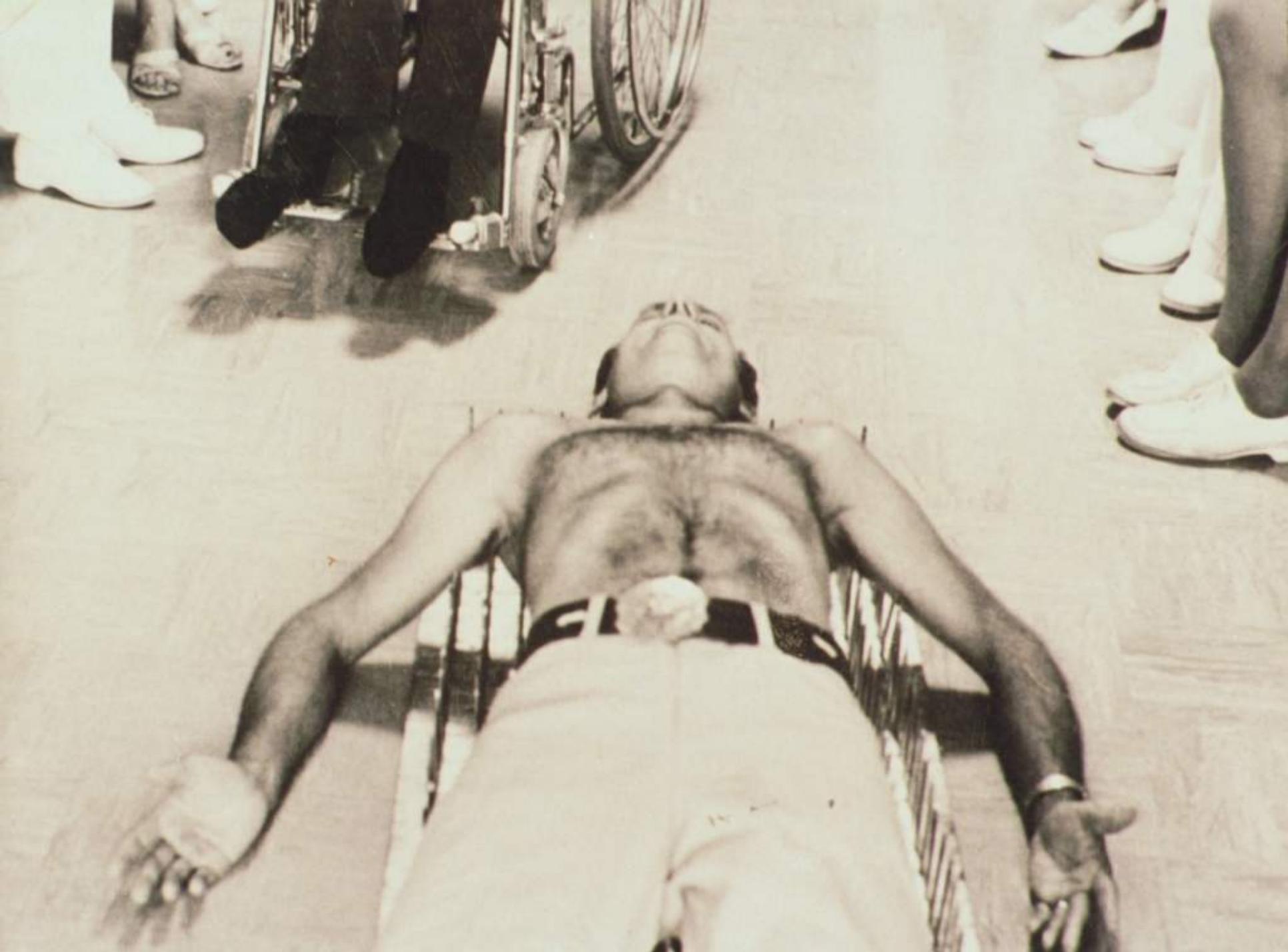
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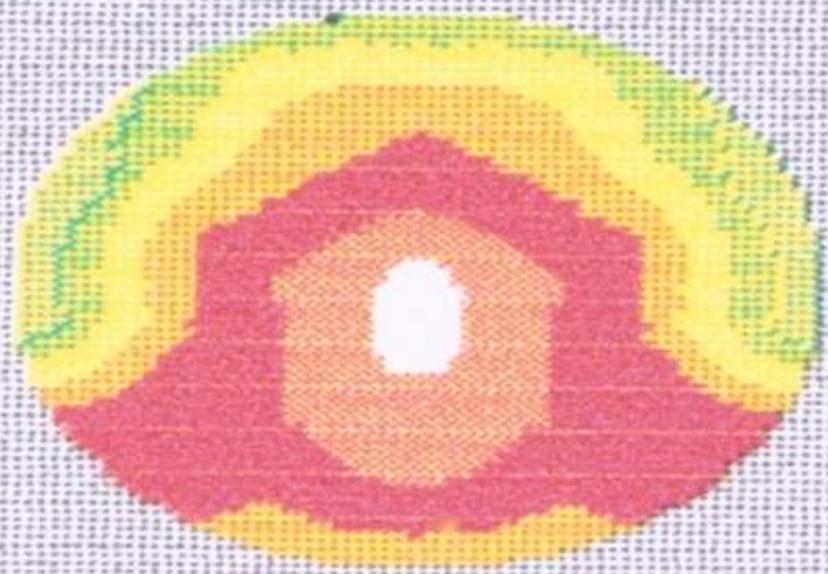
$\mu$



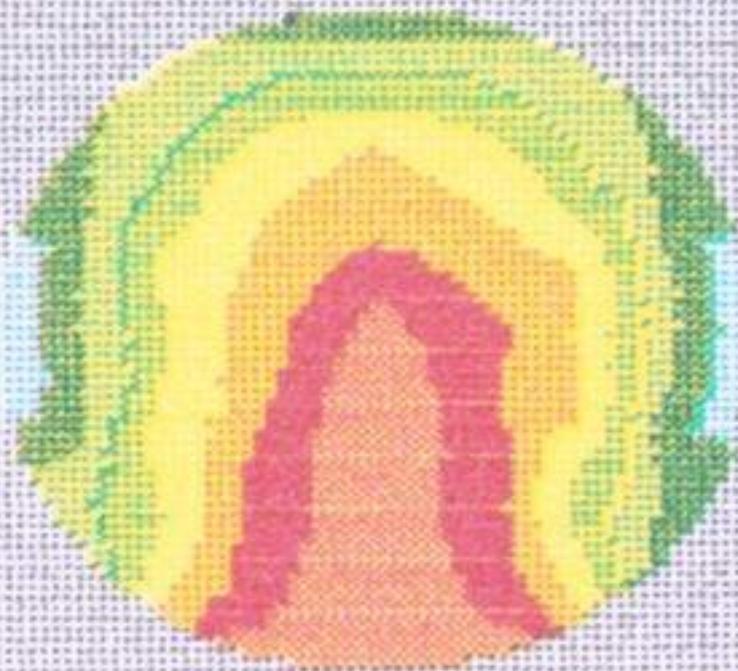
# SPINAL MECHANICS

- Minimal spinal misalignment stresses autonomic system
- Headache is associated with spinal problems virtually 100% of time
- OMT offers first line of defense
- Yoga/Tai Chi/Qi Gong
- Sacral shear
- Facet problems





(8.0 - 12.0)



(4.0 - 8.0)

# 90% of Scientific Articles Flawed

- <http://www.theatlantic.com/magazine/archive/2010/11/lies-damned-lies-and-medical-science/8269/>
- Dr. John Ioannidas

# MI Practice: Are you

- Introverted or extraverted-I or E
- Facts only or broad picture- S or N
- Logical or Feelings- F or T
- Organized/Finish or Wait for better- P or J
- Responsible 0---10—Conscientious
- Organized--Conscientious

# SELF INTUITION

On 0-10 scale how healthy is YOUR:

- First chakra
- Second chakra
- Third Chakra
- Fourth chakrs
- Fifth chakra
- Sixth chakra
- Seventh chakra

# MI PRACTICE

- Intuit your partner's mood;+/-/ Happy/sad
- Intuit your partner's favorite food
- Intuit your partner's favorite color
- Does your partner have a significant problem?
- Was your partner victimized?
- Does your partner have problems with authority
- On 0—10, grade first chakra
- Grade second chakra

# MI Practice 2

- Grade 3<sup>rd</sup> chakra
- 4<sup>th</sup>
- 5<sup>th</sup>
- 6<sup>th</sup>
- 7<sup>th</sup>
- How tolerant is your partner
- How forgiving?
- How overall calm/serene

# HYPERTENSION

- Drugs SUCK. They work in not more than 45% of patients, even with 3 drugs.
- The cause fatigue and ED
- Best single treatment—Kyani NitroXtreme. 70%
- Other benefits: Increased energy, libido, no negative effects

# Leaky Gut

Avoid:

- Wheat, gluten
- Sugar in all its disguises
- Fruit and fruit juices, the nightshades, dairy products, vinegar, coffee, chocolate, alcohol
- Stress

# Leaky Gut 2

ADD:

- Probiotics, 8-strain, GR-8 Dophilus
- Castor oil packs
- L-glutamine, one tsp per meal
- Digestive enzymes-Vitazyme
- Coconut oil
- Saunas
- Lemon juice
- Green veggie juices
- Aloe Gold

# Cayce on Obesity

- The first and probably most important etiologic factor is what Cayce calls an "excess of starches in the diet," which we probably relate to the general problem of overeating. When these starches are in excess quantity they create drosses in the system, and these "make for a hardening upon the activity of the glandular system as related to the glands of the body." (1268-2) Apparently these changes in the glandular activity are not just in the endocrine glands of the body but also in those tissues in the small intestinal wall - probably Peyer's patches and other tissues which are active in the assimilatory process. Each of these has glandular tissue as part of its structure which directs and controls the reproduction and continuity of cellular structure unique to that tissue. Thus changes in the glands themselves might well alter the structure and nature of those cells which absorb and metabolize carbohydrates. Then we might find that "there has been produced in the glands - where the changes take place in the digestive system, just below the duodenum, that condition wherein most things turn to sugars, and these increase the avoirdupois of the system, especially about these portions of the body - the torso proper." (56031) We might say, then, that overeating starches is a prime cause of obesity and might create an abnormality in the assimilatory cells of the intestinal tract.

# Cayce on Obesity 2

- Thus, we would administer those activities which would bring a normal reaction through these portions, stimulating them to an activity from the body itself, rather than the body becoming dependent upon supplies that are robbing portions of the system to produce activity in other portions, or the system receiving elements or chemical reactions being supplied without arousing the activity of the system itself for a more normal condition. (1968-3)

# Cayce on Obesity 3

- 1. Rectify the diet;
- 2. Restore normal balance and efficiency of eliminations throughout the body - lymphatics and emunctories, liver, kidneys, lungs, and skin;
- 3. Bring about changes in the cells of the intestinal tract which will reverse the tendency of those cells to turn most things into sugar;
- 4. Balance the glandular system;
- 5. Correct other abnormalities which may be present: nervous system incoordination, circulatory system imbalance, etc.

# Cayce on Obesity 4

- In the difficult cases of obesity, the so-called radio-active appliance (which has been renamed the impedance device) is suggested for use. When it is used with the solution jar, in the case of obesity, Atomidine is used in the solution. In 5603-1 the impedance device was to be used every other day. Specifics can be seen in the individual readings. [4030) was a young woman who developed obesity after a tonsillectomy and who also was advised to use the impedance device. Apparently this battery brings into the body a therapy not readily obtained in other manners.

# Cayce on Obesity 5

- ... eliminations are those that cause the disorders in the lower portions of the system; feet, ankles and limbs, as well as those that produce a tendency for portions of the body, especially, to be out of proportion to the body as a whole.  
The conditions ... may be aided the most were the body to be more mindful of the diet; not as an extremist, no - but as one that would have the corrections made in the general eliminating system...  
... this would be ... an outline for the corrections of the physical conditions, that may later produce hindrances in the general physical health of the body.  
We would begin first with those colonic irrigations - one every ten days until four or five are taken, which will overcome this tendency of constipation through the system...  
We would also, at least twice each week, have those sweat cabinet baths, with a thorough rubdown afterwards with any of the eliminants - or prepare as this: Take Russian white oil, one pint; alcohol, one pint; witch hazel, one-half pint. Mix these together and massage the body with same following the baths, see? Well to occasionally leave off the oil rub and use the salt glow (that is, rub the body with salt). (2096-1)

# Cayce on Obesity 6

- Keep up what we have given. Be a little patient, but know that there is being brought about those conditions that will correct the disturbance in this body, and that the body's strength - the body-physical and the body-mental - is gaining. Set before self, mentally, that the body would attain. Make it high, and keep the mental lifted in that direction; for to heal the physical alone, and to have the mental still distorted - would only be the return of the conditions when activities would be renewed physically. But make the body physically fit, that the body-mental may act through same and make the efforts to bring about that as is desired, in a mental and physical body - but make it high! Don't be satisfied with less! (5545-2

# Exercise

- Do you do at least 30 minutes of active exercise daily?
- 2. If not, are you willing to start with 5 or 10 minutes and add just one or two minutes each week until you reach 60 minutes daily.
- 3. Review the remarkable variety of exercise options and pick at least 2 or three which you are willing to do!
- 4. **START** an optimal exercise plan!

# Cayce on Attitudes & Emotions

- In reading 1011-1, the person was told, "Each individual entity, whether aware of same or not, sets before self an ideal in the material world, in the mental world, in the spiritual world." Another individual was told that the reason he had so many problems and so much confusion in his own life was because he had never really established a conscious ideal (323-1). He often felt that he was in a state of confusion simply because the ideal he had established (to be sure, unconsciously) was that of a "wanderer." He was encouraged to make a conscious choice and to begin to work with it, because what individuals dwell upon they become.

# Cayce on Ideals

- "Then the more important, the most important experience of this or any individual entity is to first know what is the ideal-spiritually." (357-13)

# Cayce on Exercise

- Cayce said: "The less **physical exercise**...the greater should be the alkaline reacting food taken."
- Move as the animals
- Over 29 and Peter van Daam
- To be sure, I am not certain you can be adequately alkaline without adequate physical activity!

# Christ Consciousness

- Forgiveness
- Tolerance
- Serenity
- Hope
- Faith
- Reason
- Will
- Love—the desire to do good to others

# Cayce

- Mind is the builder
- Castor oil
- Impedance Device
- Wet cell
- Nutrition
- Exercise
- Massage
- Manipulation
- Almost all energy approaches

# Cayce on Psoriasis

- (Q) Please give me the cause and cure for the so-called psoriasis with which I am troubled.
- (A) The cause is the thinning of the walls of the intestinal system, which allows the escaping of poisons - or the absorption of same by the muco-membranes which surround same, and becomes effective in the irritation through the lymph and emunctory reactions in the body.
- An effective cure for same is first being mindful of the diet, during the periods when these necessary elements would be given for creating those activities within the system to close such conditions:
- In the system we would use elm water and saffron water. These would be taken in the ordinary drinking water, during periods of one, two to three weeks at a time. All the drinking water, carrying, then, either a small quantity of elm or the Saffron.
- For this adds to the assimilating system those properties that become effective to the aiding of building within the system itself those conditions that will overcome such activities in the system.
- The diet during such periods should be more of vegetables than of meats or sweets, so that there are those reactions that make for better unification in the membranes reaction within the body.
- These will be found to be most effective with this body.

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# **DHEA RESTORATION**

- **Natural Progesterone Cream**
  - **Methylsulfonylmethane**
  - **Vitamin C**
  - **Beta 1, 3 Glucan**
  - **Ring of Fire Restoration**
-

# **BENEFITS OF GIGAHERTZ**

**Raise DHEA**

**Treat Successfully 70 to 80% of:**

**Rheumatoid Arthritis**

**Diabetic Neuropathy**

**Migraine Headache**

**Depression**

## **Diagnostic Features of EMD (continued)**

- **Deficient intracellular magnesium**
- **Deficiency in one or more essential amino acids**
- **EEG brain map abnormalities**
  - 1) **asymmetry**
  - 2) **failure to follow photostimulation**
  - 3) **inappropriate response to photofrequency**
  - 4) **abnormal hypersensitivity to minor electromagnetic exposure**

# Treatment of EMD

- **Photostimulation**
- **Education**
- **Music**
- **Biofeedback**
- **Guided Imagery**
- **Autogenic Training**
- **Magnesium and Amino Acid Replacement**
- **Ring of Fire/DHEA**

# MAGNESIUM/DHEA DEFICIENCY

Asthma

Arthritis

Cancer

Depression

Diabetes

Heart Disease

You name it!!

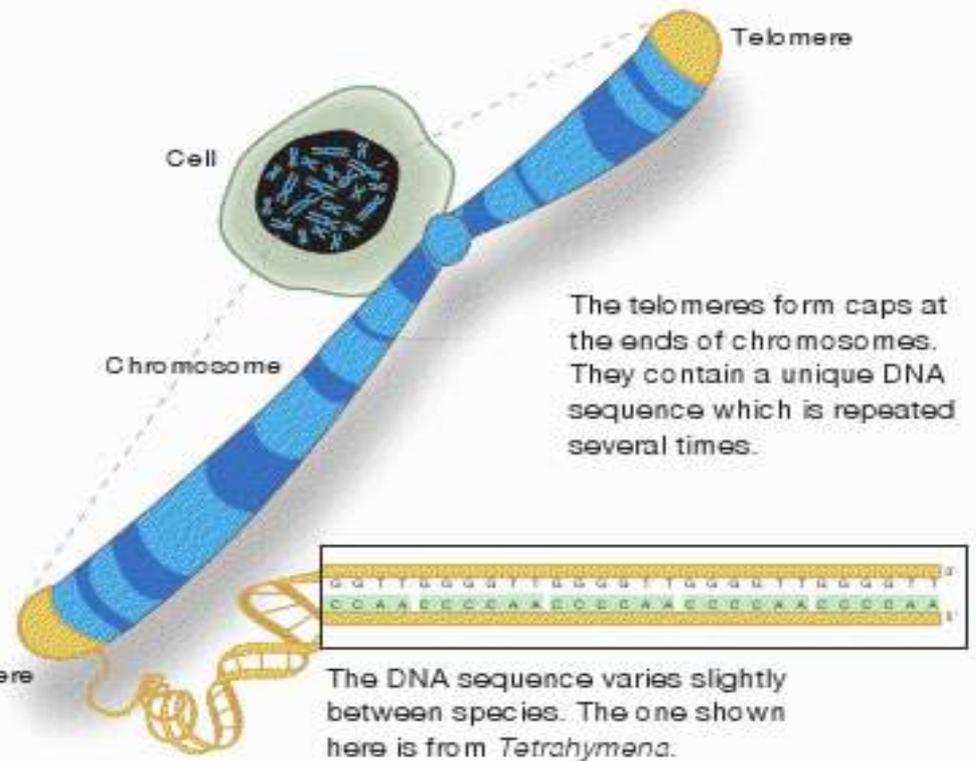
# The Telomere

## - Function and Synthesis

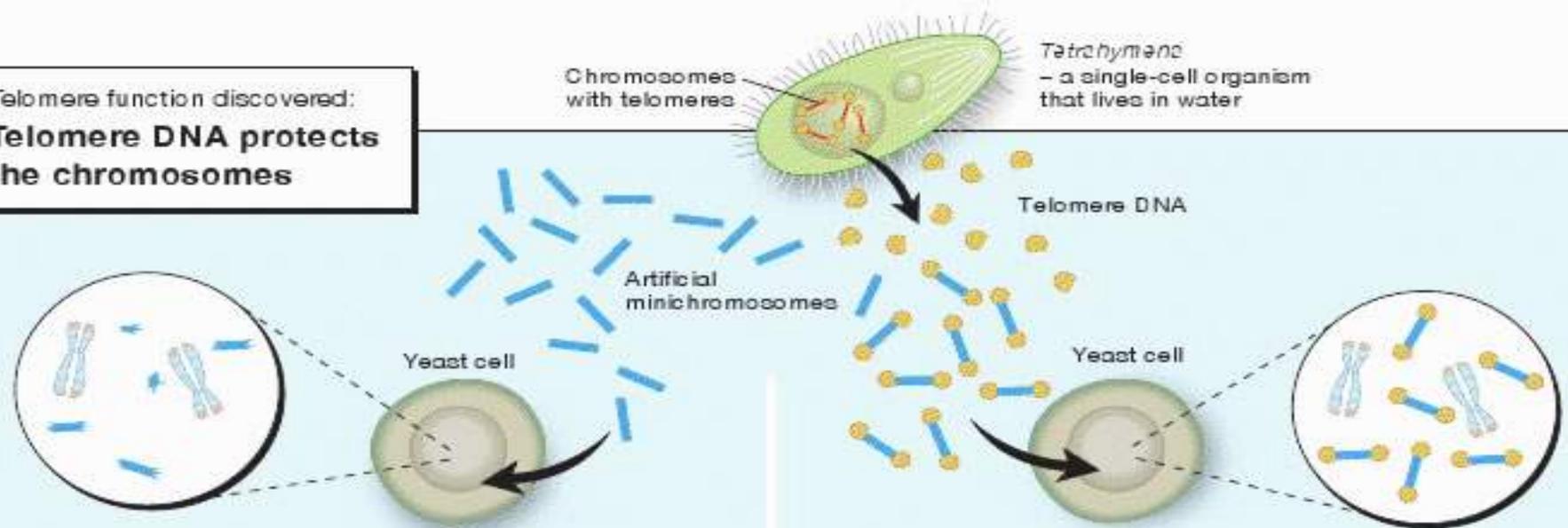
### 1. The mysterious telomere

The telomeres appear to protect the chromosomes from damage. But how?

Telomere = Greek for "end" (*telos*) and "part" (*meros*)



### 2. Telomere function discovered: Telomere DNA protects the chromosomes



# GigaTens

- 52 TO 78 GHz
- Shealy PainPro
- Human DNA
- One billionth of a watt per cm square
- 75 Decibels
- 10 times that of outside sun
- Safety is 1000 times this level!!
- BUT, NO LONGER AVAILABLE

# C.A.R.E.

- Circulation
- Assimilation
- Relaxation and Rest
- Elimination

As per Dr. Harold Reilly