

## **Prayers from Final Class**

### **Reflections Initiations by Earth, Class 4: Unmovable Forces**

#### **Opening prayer:**

I often wonder how much of my energy I have poured into trying to move unmovable objects in my life. I cannot change the weather but I have expended so much of my energy complaining about it. I cannot change the behavior of the people in my life, but that has never stopped me from investing countless days, weeks and in some cases years of my life trying to make this person or that yield to my way of seeing things. I've had very little success. And I will admit that I have not given up much ground when others have attempted to change me. I, too, can be an unmovable force. What is it in us that makes us want to bend the world to our will rather than conquer the stubbornness within us? What is that part of us that insists we must win or must have our way? Is it fear or arrogance or worse – a combination of both? I have never won a battle with an unmovable force and yet I still try. "Lord, Is there a grace that can make me less foolish and stubborn because if there is, I would like You to drench me in that grace as often as possible. Just when I think I have control over my own nature, I am confronted with something or someone who brings out that part of me that eclipses my better judgment. I forget that I know better. And worse, I forget that I have entered a tug-of-war that goes nowhere. I have reached that stage in my life at which I know better than to waste my life force making foolish choices and waging useless battles over nothing. Grant me the grace of wisdom, Lord. Keep me focused on the higher ground and greater good. Give me the fortitude to control my lesser self – as that is my most unmovable force to contend with in life. Hover over me, Lord, now and always. Amen."

#### **Closing prayer**

"Lord, it is so difficult to discern Your will in my life. How do I know what Your will is for me? Is it Your will that something works or that something doesn't work? Is it Your will that I leave or go? Is it Your will that I create something or that I dwell in the madness of the desert, waiting for inspiration? How do I recognize Your will from my own? Sometimes I wish You would just send me a note with clear instructions. But perhaps You do. Perhaps it is I who do not understand mystical instructions. I do recognize the restlessness in my soul and I know that is a message telling me that I must take action on what is whirling in my heart. The confusion is created by fear, not by Divine silence. If I didn't fear guidance, I would be very clear about Divine directions. Heaven is not complicated. We are. That much I have learned. So I need not pray for guidance, Lord, but for the courage to recognize the guidance that is always pouring into my life. Hover over me, Lord, and grant me the grace to step fearlessly into the fullest potential of each day of my life. I do not want to leave my life and discover that I never really lived my life. Amen."