

Homework
Reflections Initiations by Water
Class 2: Your Aquatic Psychic Nature

Opening prayer:

“What can I sense around me if I close my eyes? With eyes and ears closed, I can imagine myself traveling on the energy waves of my emotional currents like gentle ocean waves continually flowing atop the sea. No longer contained in my physical body, I can penetrate through the barriers of walls and blend into the breath of the trees and the flowers. I can merge with the wind and let it carry me away, high above this physical world until the element of air releases me to the vast domain of space. Still riding on the power of my emotional currents, I can sense that cosmic vibration of impersonal, sacred space embracing the small space that is me. And yet, all at once, I, too became the size of impersonal, sacred space. I know that I dare not open my eyes or my ears, for these earthly senses cannot see or hear this place. They are earthbound – but I am not. Lord, no wonder the mystics kept the power of the soul a secret for so long. It is a flying carpet, a crystal ball, and an immortal being. Know thyself and you will know the Universe. Thank you, Lord, for making the truth so simple.”

Your practice for the week

“Wounds are boundaries.” Without them the corridors of our hearts would be open. Every human being’s intuitive nature would thrive with clarity and openness. It would change our values. Life would become more important than profit; others more important than ourselves.

- Consider what your life would be like without your wounds.

Meditation

Your emotional nature is the first to respond to any conflict. Your reason catches up because the heart has a sense that reason knows nothing about. That one truth about human nature is key to understanding the initiation experiences of Water. We often cannot be reasoned with.

Closing prayer:

“Lord, I am discovering more each day how vast my inner space is. Perhaps outer space is the macrocosm to the inner space of every human being. Now when I gaze upon the stars or planets, I will imagine that I am looking at something in me as well as around me. As above, so below. Little by little, I am realizing that the truth in that mystical law is manifesting everywhere. You truly are in all of creation. How foolish to think we can step outside of creation and become observers. Lord, grant me the grace to live from my soul. Keep me ever aware that my words, my thoughts and my emotions have creative consequences that affect the whole of life. You have made me a powerful instrument of creation, perhaps too powerful. Hover over me and keep me grace-filled, constantly aware that all life breathes together and that what I do to the least of any living creature, I am doing to myself. Amen.”