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### **Questions for Reflection from the Third Stage: *Spirituality***

- What is Your Definition of Spirituality?
- What is Your Definition of Addiction?
  - How has Cultural, Societal, and Family Addictions manifested in Your Life?
    - Do you use the Addict to manage your hypersensitivity? How?
    - What are the Ancestral Wounds from Culture, Society, and Family that you use the Addict to Manage?
    - Is the Addict Archetype something you inherited from your Family's Archetypal/Psychic DNA?
- Do the Empath & Codependent teamed up and recruited your Addict?
- What is your personal Soul Contract with the Addict? Is it in your 'Inner Circle', Outer Circle, or both? Is it connected with your Empath, Victim, Child, Wounded Healer, Bodhisattva, and Alchemist?
- Can you name your Addict? Have you been through the 'Dark Night of the Addict'?
  - Has your 'recovery' been mostly shame driven? What does Mystical Sobriety look like for you?
- What Archetypes are part of your 'Addict Team'?
- What Archetypes are part of your 'Mystical Sobriety Team'?

***Mystical Truths: Everything is of The Divine, Even Your Addictions***

***All Addictions are a Call to the Soul...***

***Without the Mystical Powers of Life on Your Side, You Can't Pull Off Your Destiny***



- **Holographic Mysticism**
  - A Beginning Meditation on Your Wounded Lover Archetype
- **Human Ego Development & Your Soul Contract to Heal Addiction**
  - All Pathologies (Adapted Patterns of Sickness) Are a Call to the Soul
    - The Addict & Mystic
      - The Mystical Addict
        - Embracing The Addict as part of the Human Experience
        - Checking Out to Check-In while still honoring your Holism
        - Finding the real Grit of what Spirituality means beyond a shame driven perfectionist culture...everything can be ok!
        - Is connected to the Mystical Parents & Mystical Child
    - How does The Mystic manifest/show-up in your Life?
      - The Mystic and The Alchemist
        - Think of a time when you saw something with the Eyes of Your Soul – Your Mystical Eyes
          - What Alchemy occurred?
  - What Archetypes are Part of Your Addict Team?
    - Addict, Perfectionist, Codependent, Narcissist, Freaked Abandoned Out Child, Scapegoat, Victim, Saboteur, Liar, etc...
  - What Archetypes are Part of Your Mystical Sobriety Team?
    - Mystic, Mystical Parents & Child, Wounded Healer, Mystical Alchemist, Mystical Victim, Compassionate Accountant, Companion, Lover, Friend, Truth-teller, Healer, Therapist, AA Sponsor, etc...
    - The Mystical Lover...

***You Were Wounded through Relationship,  
and You Can Only Relationship***

# Birth – Healing – Spirituality

Where Have Been On the Road to Mystical Empowerment Leads Us Now Here

*You Were Wounded through Relationship,  
and You Can Only Relationship*

- **Relationship**

- **The Wounded Lover** = someone who has been holographically wounded such that they cannot create, cultivate, and sustain nourishing intimate relationships with others (within healthy vulnerability). A pattern of relating that lacks the healthy vulnerable risk required to form intimate connections with others, and can often manifest itself as 'reckless vulnerability'. A pattern of self-relationship that lacks a deep and sustained emotional connection to Self and Soul. The capacity to love has itself been wounded (damaged and compromised)
- **How does the Wounded Lover Relate?**
  - I need you to be \_\_\_\_\_ so that I feel loved
  - I need to be issue free before I'm worthy of love
  - Others don't get to talk to me a certain way, this is the way I will be spoken too \_\_\_\_\_
  - I can only love you if you \_\_\_\_\_
  - All of my emotions are not ok
  - I will only engage others that feel these emotions \_\_\_\_\_
  - Has a list of 'Cover Story Needs' that becomes its reality and criteria in dating/relating/loving
  - Loves from Projected Images and not Essence
  - Lives and loves in the Past or Promised Land Future, not Present Time via Memory and Projected Images
  - Doesn't believe they are already Whole and quests to find holism in another
  - Loves Conditionally
  - Is confused about its power & powerlessness

- **Sub-Archetypes of the Wounded Lover**

- Unrequited Lover
- Conditional/Perfectionist Lover
- Fantasy Lover
- Codependent Lover
- Addict (Sex/Love)
- Sex Addict
- Child (Adult, Abandoned, Abused, Orphaned)
- Promiscuous Lover (Don Juan)
- Hermit
- Shadow Social Butterfly
- Battered Spouse/Battering Spouse
- Man Child
- Rom-Com Lover
- Saboteur
- Shadow Rescuer

- **A Holographic Reading**
  - **What Archetype(s) do your Dating, Relating, and Loving?**
    - Which Archetypes are Soul Archetypes?
    - Which Archetypes are Fated?
      - Archetypes that come from inherited Cultural, Societal, and Family Patterns?
    - Which Archetypes are Adapted?
      - Follow the thread of this Archetype back to when and why it was recruited by your Subconscious Mind if applicable
    - Which Archetypes are Destiny Archetypes?
      - Are in your Soul Contract as Developmental Guiding Forces
- **The Dark Night of the Wounded Lover**
  - A Love Crisis that forces you to assess the Karma of the Archetypes that do your Dating, Relating, and Loving
    - Codependent Crash out, bottoming out in an Addiction, relationship betrayal, health crisis, sudden realization of loneliness, the Archetypes/Roles you relate and love through are no longer useful/nourishing/connecting,
    - Sometimes the Dark Night is triggered by new empowerment!
    - Something that has been unconscious in you now wants to become consciously part of how you love...
    - It's here that you will meet The Mystical Lover
- **The Mystical Lover = Defines a certain pattern of relationship we can have with ourselves and others that is both personal & impersonal. It is activated and developed when we have to learn how to love what previously we found unlovable both in ourselves and the World. Seeks to bring the most love possible to the moment and our connection to Self and Others.**
  - **Sub-Archetypes of the Mystical Lover**
    - Companion
    - Spouse
    - Requited Lover
    - Eroticist
    - Interdependent
    - Bodhisattva
    - Wounded Healer
    - Healer
    - Rescuer
    - Mystical Child
- **How Does the Mystical Lover Relate?**
  - Chooses from the Truth that You are already Whole
    - this changes everything!!!
  - Can only be activated in your psyche through Soul-Esteem
  - Born of Both/And Perception of Life
  - Is aware of its power & powerlessness



- Brings you to honor your deepest healing needs in Relationships while confronting 'Cover Story Needs'
    - Cover Story Needs are often conditional positions we take with others and ourselves
  - Knows you can't activate new potential for someone, but you can affect them
  - Establishes Standards vs Shadow Conditions in Relationships
    - Shadow Conditions arise out of a need to control via codependent power
  - Advocates for its Authentic Needs
    - our needs evolve and differ day to day, lifecycle to lifecycle
    - soul needs/longing
    - human needs/longing
    - Standards help get those needs met!
  - **How do you mystically meet people?**
- **Our Humanness is Going to Find the Mystical Lover a Strange Bedfellow!**
    - Negotiating how your human survival adaptations/archetypes meet the Mystical Lover
    - Can be very jarring for a wounded ego-system designed to create certainty in relationships
    - Can Uncertainty be OK if not magical in your Relationships?
    - What would the Mystical Lover do?

***Everyone you love will break your heart via the Impermanent Nature of Life –  
The Mystical Lover Chooses the Heartbreak that feeds the Soul***

***Choose Standards that guide your heartbreak for what matters most to you...***

Homework: Watch the movie 'The Arrival' – available to rent or on purchase.

***Mystical Truths: You Were Wounded through Relationship,  
and Can Only Heal through Relationship  
All Relationships are a Call to the Soul and a Call to Express the Soul...***

# **Bringing It ALL Together**

## **Mystical Empowerment Must 'Earth' into Your Life!**

Empowerment means nothing unless it translates into this World in your intentions, choices, actions, and consequences

### ***Birth***

(Mystical Child/Parents)

### ***Healing***

(Wounded Healer, Bodhisattva, Mystical Alchemist)

### ***Spirituality***

(Mystic, Mystical Alchemist, Mystical Victim)

### ***Relationship***

(Mystical Child/Parents, Mystical Victim,  
Wounded Healer, Mystical Alchemist, Mystical Lover)

A Closing Meditation

&

Auf Wiedersehen!