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## **Session/Lesson Two**

### **Some Questions for Reflection from Lesson One as Review:**

*What has your relationship with Chaos been like in the past, what is it like now?*

*Can you name some of your Soul Archetypes – how do you know that they are Soul Archetypes – did they ‘come in’ with you when you were born – do they feel innate?*

*Can you name some of your Fate Archetypes – how do you know that they are Fate Archetypes – can you locate them as pattern in Culture & Society?*

*Can you name some of your Archetypes of Survival Adaptation – how do you know that they are Archetypes of Survival Adaptation – did they come ‘on-line’ during childhood?*

*Can you name some of your Destiny Archetypes – how do you know that they are Destiny Archetypes – have you had to work with them as part of your development?*

*How comfortable are you with the unknown, being powerless, and becoming ‘Nobody’ – why might this be challenging for you – what fears does it bring up?*

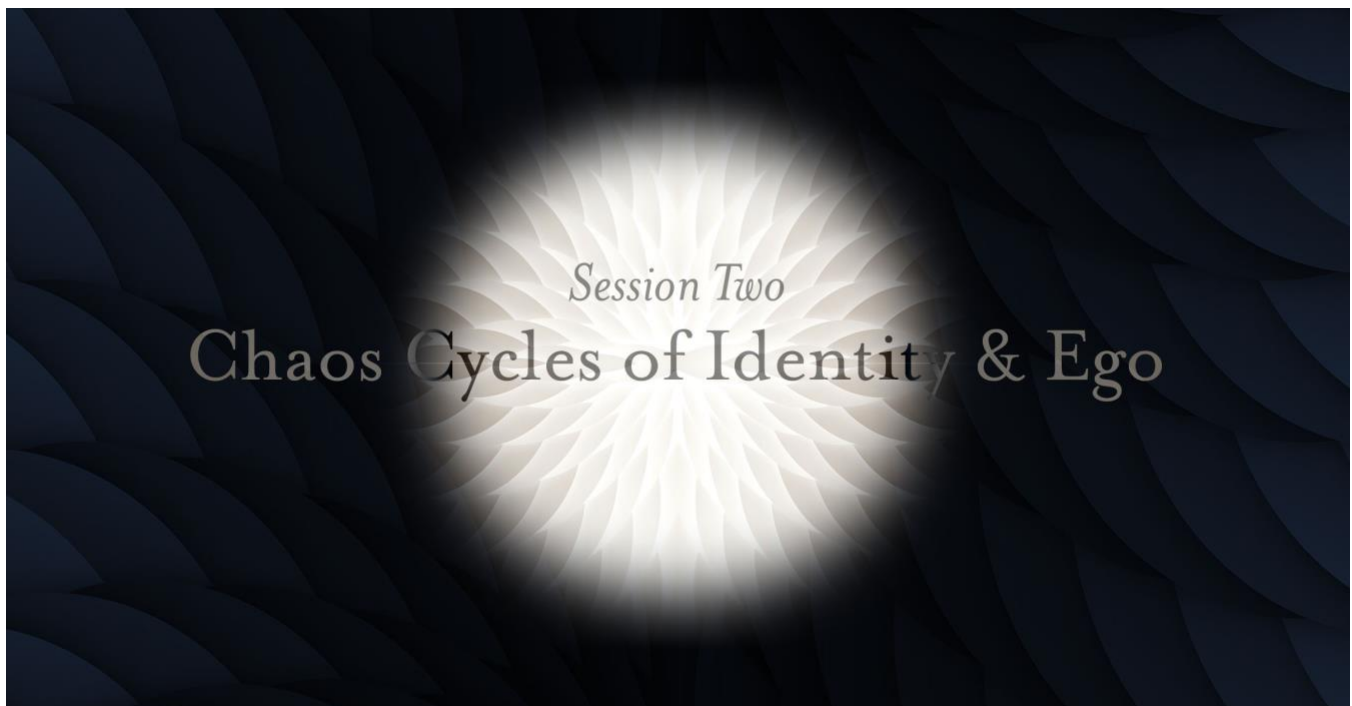
*What is your relationship like with the Dark Night Process - How strong is your Faith?*

*What did the closing guided meditation reveal to you about a possible current 'Stage of Chaos' that you are in – could you be wanting to be in a Stage that you really aren't in to 'speed things along'?*

### **Exercise:**

*Do a preliminary Archetypal Inventory of all the active Archetypes in your Life right now that you can identify and name. No need to get anything 'right'...this is a first pass and will be refined throughout the entire series. However, make a list of the patterns most activated in your Life from each of the Four Categories...*

*Ex: Soul – The Alchemist; Fate – Shame; Survival Adaptation – The Codependent; Destiny – The King/Queen*



## **Session/Lesson Two**

**In this Lesson we will cover:**

- Recognizing a Chaos Cycle and its timing in your Life (Expanded Teaching)
- Chaos as Mystical Law and a Divine Re-Ordering of Life
- How we are destined to express our Soul via the Human Ego in Four Primary Ways
- Working with your Survival Archetypes of Adaptation during a Chaos Cycle
- The unique Archetypal Crew you'll need to activate for Chaos Cycles of Identity & Ego
- The Anatomy of a Miracle Part I
- Igniting Identity & Ego Miracles

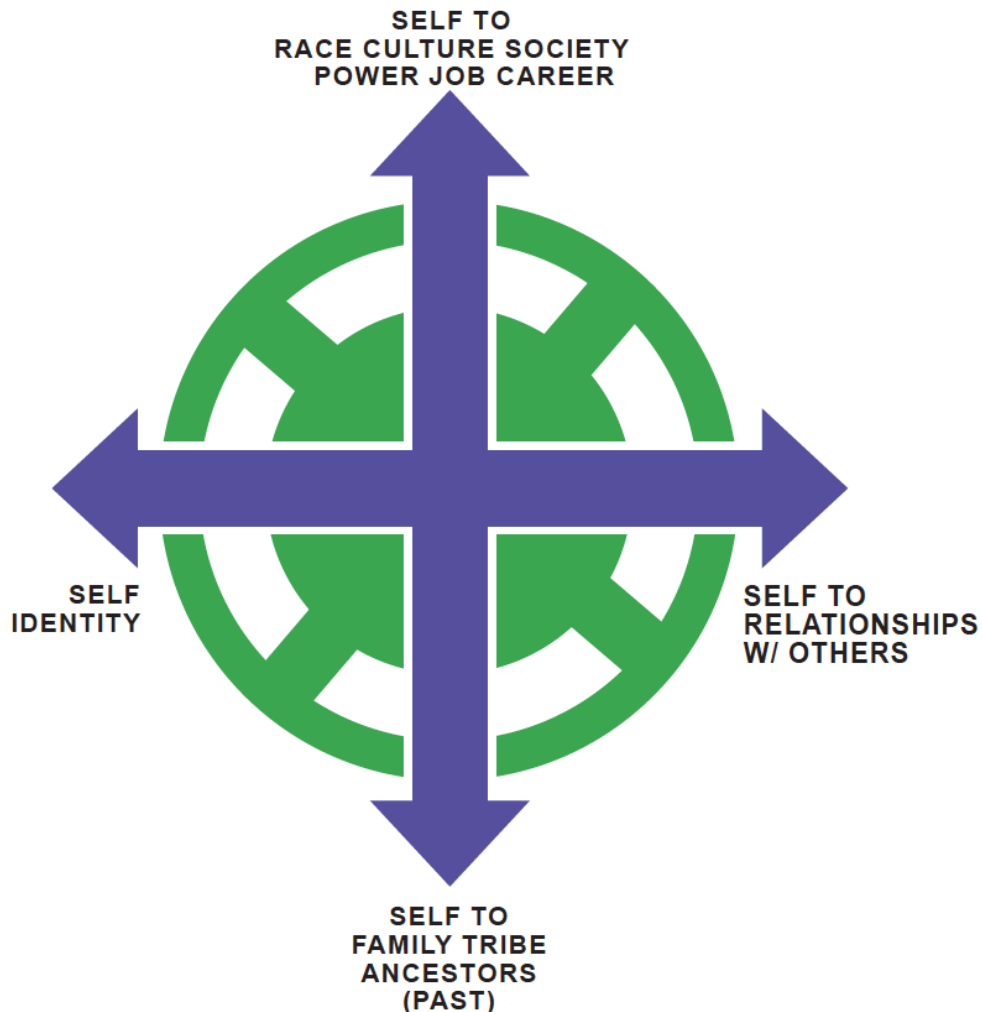
# Chaos Cycles of Identity & Ego

- **A Beginning Meditation on Identity & Ego**
  - Can you be in more than one Chaos Cycle at a time?
    - YES!!!
    - All Chaos Cycles will affect your sense of Identity & Ego
    - Chaos Cycles can 'Re-Cycle' (albeit from a different level on the spiral of evolution)
    - Chaos as Mystical Law and a Divine Re-Ordering of Life
  - What is an Identity?
    - Definition: The distinguishing character or personality of an individual – Individuality – The condition of being oneself and not another.
      - From the Moment you were born, your Identity is mostly established for you via Tribal Energy, Fate Archetypes, and Tribal Survival Archetypes of Adaptation (Tribal Survival Responses & Patterns)
      - Chaos Cycles reverse engineer how you've tribally made something 'Your Identity'
        - Tribe = Culture, Country, State, Governments & Religions, Society, and Family
      - Identity is how you anchor into an established sense of what makes you...you
        - Must understand the Laws of the Human Psyche to grasp this process adequately
        - Conditioned/Adopted Identity vs. Organic Identity
  - What is Ego?
    - Definition: Latin word for 'I' – A person's sense of self-esteem or self-importance – the perception you have of yourself –the part of the Mind that mediates between the Conscious and the Unconscious and gives one a sense of personal Identity (Human Psychology)
      - You have a Soul Contract to develop a 'Healthy Ego'
        - Making the Ego wrong & Your Personal Shadow
        - Healthy Ego vs. Wounded Ego
          - The Dark Side of Ego
            - Mistaking the Ego as the Center of Your Consciousness
  - Ego-Identity
    - Combining your conscious sense of Self with Identity
    - Wounded Ego-Identity
      - Shame
      - Victim Consciousness
      - Psychic Sensitivity as 'Empath'
      - Archetypes/Patterns

- **Your Soul Agreement with Human Psychology**

- As part of Human Psychological Development you are under Soul Contract to develop your Ego-Identity in Four Primary Ways (**Fate**)
  - Self-Identity (Persona imprint mirrored by how we first felt the World)
  - Tribal Identity (Self-Identity formed from Tribal Imprinting from Family/Ancestors)
  - Relationship Identity (Self-Identity formed from our one on one relationships with others )
  - Societal Identity (Self-Identity formed from our role to Society, usually connected to job and career energy)

## The Four Primary Expressed Aspects of Ego



- **Your Soul Agreement with the Human Mystical Development of Your Potential**

- As part of your Mystical Development you are under Soul Contract to develop and re-establish your Ego-Identity in Four Primary Soul-Directed Ways (**Destiny**)
- This is about activating Archetypes that are Self/Soul-Connecting which you relate to Life through in consciously driven and empowered way
  - Soul-Identity (Relating to Yourself Soulfully)
  - Soul Tribal Identity (Re-establishing your Tribal Archetypal security so you can fully express the gifts of Individuality)
  - Soul Relationship Identity (Relating to others via Soulful Archetypes that engender 'Soul Connections')
  - Soul Societal Identity (Moving from Career to Calling via Archetypes of Soul Connecting Service)

**The Transition from the Fate of Human Psychological Identity development and adaptation to the development and expression of Mystical Identity and Potential requires a Chaos Cycle!**

- **The Six Stages of an Identity & Ego Chaos Cycle**

- Meeting Your Fated Archetypal Crew of Identity & Ego
  - What makes you...you? Name this via Your Archetypes!
    - What is an Archetype (Part II)?
    - Soul Archetypes, Fate Archetypes, Survival Archetypes of Adaptation, Destiny Archetypes
    - What is an Archetypal Crew?
- Stage One: Constellation of Ego-Identity Chaos
  - Set Up Phase of Chaos Cycle of Ego & Identity
  - Energy and events begin to challenge your sense of Self and who you think you are
    - Who you think you are starts to go in flux and feels shaky
    - Start to lose a grip on your Self-Relationship
    - Life mirrors you with your 'Shadow Side' and its Patterns
- Stage Two: Disruption of Ego-Identity
  - Things reach a tipping point often manifesting in events that trigger a Self-Chaos via Synchronicities of Fate
    - Who you think you are betrays you
    - You go to war with yourself within issues of Power and Powerlessness
    - Events/Someone confronts you with your Shadow

- Your Current Core Archetypal Crew of Survival Archetypes of (Mal)Adaptation come on-line and amp up – yet, you look to them to ‘order the Chaos’!
  - Child – (get specific with which ‘Child’ is yours)
  - Victim – (will try to blame others/God/Life)
  - Prostitute – (will bargain value and power, ‘make deals with the Devil, etc)
  - Saboteur – (get specific with another Archetype)
  - Codependent – (goes into hyperdrive)
  - Addict – (attempts to control the Chaos by adding more)
  - Bully – (scapegoats and disempowers others)
  - Narcissist – (everything becomes about you...)
- Stage Three: Disintegration of Ego-Identity
  - Your sense of Self and Identity begins to fall apart
    - You enter the 5 Stages of Death & Dying of Ego-Identity and Cycle around within issues of Power & Powerlessness
      - Denial, Anger, Bargaining, Depression, and Acceptance
    - You are unraveling into being ‘Nobody’
    - Your Fate/Tribal Archetypal Identities are exposed and you begin to see their conflict with what your Soul has in mind for your Destiny...
- Stage Four: Normalization of Ego-Identity (Chaos)
  - More and more you are starting to accept that who you thought you were or who you were is no longer tenable for what you are Destined to become...
  - Many facets of Ego-Identity have now in fact disintegrated/died – you surrender to being ‘Nobody’ so you can have your sense of Self re-ordered, re-installed, re-calibrated, rebirthed
  - This is the midnight of the Dark Night of the Ego
    - While you don’t effort the ‘New You’ – you are not idle!
      - You are active in inner assessment and alchemical participation
  - You become aware of your ‘Conditioned Self’ and its dysfunctional patterns
    - Conscious inventory of the Archetypal/Psychic DNA of Culture and Family
      - What did you inherit as ‘Ego-Identity’ – what all comes with that?
        - Ex: White Trash, Master-Slave Archetypal Axis, Bully, Shame, Christian, Woman/Manhood, etc
  - You realize that being ‘Nobody’ sure beats what you’ve been!
  - In the Void of Nobody, Soul-Esteem begins to slowly Activate
    - Slowly but surely, you get a sense of value simply because you are HERE!
      - This is your Buddha moment!

- Stage Five: Gestation of New Ego-Identity
  - Soul Esteem continues to Activate
    - & Now Soul Archetypes begins to slowly Activate
      - Slowly but surely, your introduced to new Soul Patterns
        - Ex: Codependent pivots to Interdependent, Addict pivots to Mystic, Perfectionist pivots to Mystical Lover
  - It's time to Activate Your New Core Archetypal Crew of Ego-Identity! (this is an instruction as part of the 'guiding' nature of this course)
    - Mystic (soul-esteem)
    - Interdependent (healthy neediness)
    - Mystical Lover (unconditional love)
    - Mystical Victim (forgiveness, surrender to Divine Order)
    - Mystical Mother/Father/Child (Spiritually Mature Adulthood)
    - Sacred Prostitute (Giving the Soul Currency)
    - Pragmatist/Realist (Telling inconvenient Truths)
    - Intuitive/Empowered Empath (Being curious and perceptively aware in the Moment with your bandwidth responsibly open)
  - Synchronicities of Destiny Activate
    - Small doors begin to open, You align with new people and activities that help establish, grow, and reinforce a new sense of Ego-Identity!
  - You begin to build Trust with your new Archetypal Crew
  - Your relationship to yourself is being rebooted!
- Stage Six: Regeneration
  - With your new Archetypal Crew solidly in place, your relationship to yourself stabilizes
    - You find yourself in new courage, esteem, and solidly within new dimensions of Potential and Choice!
    - A new cohesive sense of Ego-Identity emerges with a new overall flexibility founded in soul-reliance!!
  - You realize you can handle Life, you got this!
  - A new Power emerges, the power to Ignite Miracles!

## **The Anatomy of a Miracle Part I**

- **What is a Miracle?**
  - Definition: A surprising and welcome event that is not explicable by natural or scientific laws and is therefore considered to be the work of a Divine Agency
    - Miracles and Soul Contracts
      - Miracles (often) will not take away your 'Soul Lessons' or opt you out of the Mountains you've signed up to climb this lifetime
        - Shamans know this...
      - Miracles can't be 'strategized' per se, but they can be ignited

- What does it mean to 'Ignite a Miracle'?
  - To set up an alchemy via acceptance and surrender within the void of the unknown that invites the Divine to intervene and 'spark' a new set of circumstances that change the course of one's Destiny, sometimes instantaneously
- How do you Ignite Miracles of Identity & Ego?
  - All Miracles are usually ignited in Stage Four (Normalization) or later in a Chaos Cycle – and are usually set in motion by a Soul Prayer
  - Soul Prayers, and Ego-Identity Miracles
    - With Power and Powerlessness in clarified and in check (Holographic Alignment), a Soul Prayer is said, pulling in greater Power from the Holographic Grid of Creation
    - A moment when your entire sense of Self is suddenly re-mapped, re-calibrated, and your Self-Relationship is reborn
- **Next Lesson:** Chaos Cycles of Relationship & Family, Anatomy of a Miracle Part II, Relationship & Family Miracles, How Fate becomes Free Will

**Closing Guided Meditation on  
the Six Stages of Chaos of Identity & Ego**



## Questions for Reflection from Lesson 2:

*What came up for you during the first guided meditation on Ego & Identity?*

*Are you currently in a Chaos Cycle of Ego-Identity – how is this affecting you – do you feel you maybe in more than one Chaos Cycle right now?*

*How do you make things your Identity – what makes you...YOU?*

*Where and how have you made Victim Consciousness your Identity?*

*What is/are Your Child Archetype(s) – what was your Childhood experience like generally – what role were you imprinted with at birth via your Family and Environment?*

*What other Survival Archetypes of Adaptation did your Psyche recruit to survive Childhood?*

*What Archetypes of Destiny continue to pressure you to be courageous and go into the unknown of your Potential?*

*What did the closing Guided Meditation bring up for you – what Stage of the Chaos Cycle of Ego-Identity do you feel you might primarily be in right now?*

*Where are you at within the 5 Stages of Death & Dying regarding your Ego-Identities?*

*What Guides & Angels have been sent to you during this Chaos Cycle – do you rely on them or forget sometimes that they are only one Prayer away?*

### **Exercise:**

(Feel free to use the Cross of Ego-Identity Expression Diagram to Help!)

#### **(FATE)**

**Identify the best you can your current core Archetypal Crew of Ego-Identity  
Survival Archetypes of (Mal)Adaptation**

*Ex: Child – (get specific with which 'Child' is yours; Victim; Prostitute;  
Saboteur – (get specific with another Archetype); Codependent;  
Addict, etc.....*

#### **(DESTINY)**

**Identify the best you can your new incoming or current Archetypal Crew of Ego-Identity**

*Ex: Mystic; Inner Mystical Parents/Child; Mystical Lover; Sacred Prostitute; Interdependent,  
Intuitive/Empowered Empath, etc...*