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Session/Lesson Three

Some Questions for Reflection from Lesson Two as Review:

How do you make things your Identity – what makes you...YOU?

Where and how have you made Victim Consciousness your Identity?

What is/are Your Child Archetype(s) – what was your Childhood experience like generally – what role were you imprinted with at birth via your Family and Environment?

What other Survival Archetypes of Adaptation did your Psyche recruit to survive Childhood?

What Archetypes of Destiny continue to pressure you to be courageous and go into the unknown of your Potential?

Exercise from Lesson Two:

(FATE)

**Identify the best you can your current core Archetypal Crew of Ego-Identity
Survival Archetypes of (Mal)Adaptation**

(DESTINY)

Identify the best you can your new incoming or current Archetypal Crew of Ego-Identity



Session/Lesson Three

In this Lesson we will cover:

- Recognizing a Chaos Cycle and its timing in your Life (Expanded Teaching)
- Transforming Family Fate into a New Destiny
- The Chaos of Self-Sabotage vs. The Chaos of New Potential
- The Dark Night of Love & Relating
- The Destruction of the Maps Others have drawn of You, and You of Them
- Your Optimal Position of Power in a Relationship Chaos Cycle
- Working with your Survival Archetypes of Adaptation during a Chaos Cycle of Family & Relationship
- The unique Archetypal Crew you'll need to (de)activate for Chaos Cycles of Relationships & Family
- What it means to 'Activate' a new Archetype
- Redrawing Your Relationship Maps as a Mystical Lover with Family & Relationships
- The Anatomy of a Miracle Part II
- Igniting Relationship & Family Miracles

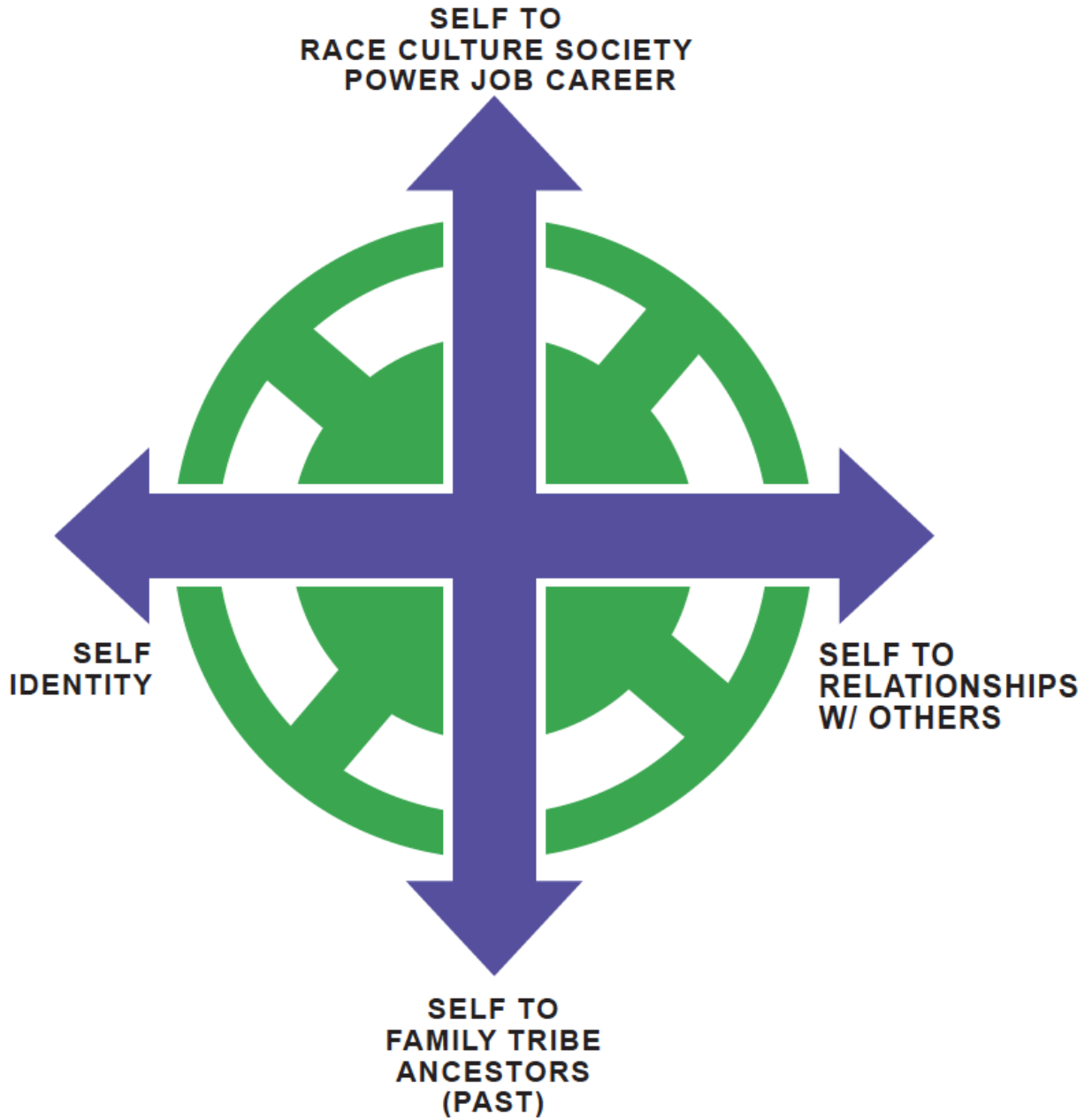
Chaos Cycles of Relationships & Family

- **A Beginning Meditation on Relationships & Family Chaos**
 - Clarification on Soul Archetypes vs. Destiny Archetypes
 - **How do you move from one Stage of Chaos to another – how long can a Chaos Cycle last?**
 - Chaos timing and the Fate of your Soul Contract
 - The Holographic Nature of Your Fate
 - What it takes to Transform Fate into Destiny (getting to Nobody)
 - Sometimes, it just is what it is...and takes as long as it takes
 - Orthodontist Metaphor on Alignment
 - Chaos Cycles can 'Re-Cycle' (albeit from a different level on the spiral of evolution)
 - All Chaos Cycles will affect your sense of Identity & Ego
 - What is an Identity? (revisited)
 - Definition: The distinguishing character or personality of an individual – Individuality – The condition of being oneself and not another.
 - From the Moment you were born, your Identity is mostly established for you via Tribal Energy, Fate Archetypes, and Tribal Survival Archetypes of Adaptation (Tribal Survival Responses & Patterns)
 - Chaos Cycles reverse engineer how you've tribally made something 'Your Identity'
 - Tribe = Culture, Country, State, Governments & Religions, Society, and Family
 - Identity is how you anchor into an established sense of what makes you...you
 - Must understand the Laws of the Human Psyche to grasp this process adequately
 - Conditioned/Adopted Identity vs. Organic Identity
 - Family Ego-Identities
 - Knowing your Family System/Psyche
 - Your Identity Anchor with Family comes via Your Child Archetypes that were often imprinted and formed as Survival Archetypes...
 - The Child Archetype and Abandonment...
 - What Child Archetypes do you have that can you identify?
 - Rejected/Unwanted
 - Mother didn't want pregnancy, parents wanted different gender/sexuality
 - Abandoned
 - Invisible
 - Adult
 - Empathic (no boundary with emotional energy of family)
 - Trophy
 - Healer/Fixer
 - Scapegoat/Abused

- What Role did you primarily play to your Family?
 - Adult/Healer/Fixer
 - Scapegoat/Black Sheep
 - Fool/Comedian
 - Legacy Trophy
 - Codependent Empath
- Family Tribal Identities
 - What comprised your Family Tribal Identity?
 - What was handed down as Legacy from your Ancestors?
 - What Historical Momentum are you dealing with?
 - What was your Family's standing in Society and Community?
 - White Trash, Middle Class, Upper Class, Ghetto, Farmers, Doctors, Lawyers, Healers, Liberal/Conservative, Nazi, Teachers, Christian, Jewish, Pagan, Buddhist, Catholic, Baptist, Country Bumpkins, Athletes, etc...
 - Did your Family make Cultural Wounds part of its Identity?
 - How did this pass into your Identity?
 - Wounded Ego-Identity
 - Shame
 - Victim Consciousness
 - Archetypes/Patterns
 - Your Self-Identity (Persona) is often imprinted during Childhood and is thus connected to Family Identity
- Often a Chaos Cycle hits Relationships & Family to de-activate the way you've replicated your Family System via the Roles you relate to others through in your Adult Life and the way that manifests in your Relationships
 - Have you become your Parents?
 - What is blocking your Destiny now must go off-line for other Potential to be born?
 - What Child Archetypes are still running the show with their outdated software?
 - Does everything in your Relationships mostly center around control and abandonment issues?
 - How do you abandon yourself?
 - Your inner Child Archetype freaks out EVERY time you do this and activates what it knows to survive
 - Codependency & Abandonment
 - **The Chaos of Self-Sabotage vs. The Chaos of New Potential**

**Family Fate & Your Soul Agreement with the
Mystical Development of Your Potential**

*The Four Primary Expressed
Aspects of Ego*



The Transition from your Family Fate to the development and expression of a Mystical Family & Relationship Potential requires a Chaos Cycle!

- **The Six Stages of a Family & Relationships Chaos Cycle**
 - Meeting Your Fated Archetypal Crew of Family & Relationships
 - What makes you...you in your Family? (Name this via Your Archetypes!)
 - How does that inform your 'Relating'?
 - What Archetypes do your Relating?
 - How do you create 'Intimacy' with others via your Archetypes?
 - What Archetypes create intimacy with yourself?
 - Name the Archetypal Crew that manages the Archetype of Family for you...
 - Ex: Invisible Child (hiding the True Self), Codependent (disconnected from genuine needs), Adult Child (parenting your spouse/partner), Scapegoat (take projections from others/blame), Abandoned Child (looking to others for parenting), Perfectionist (your family unit must present as 'perfect' to your community), Gypsy (keeps things detached and on the move), Orphan Child,
 - Socially constructed and projected idea/image of 'Family' vs. what's true...
 - How (Family/Relationship) Fate becomes Free Will (Family/Relationship Destiny)
 - Relationship Chaos happens for Single People too!
 - Unrequited Lover, Hopeless Romantic, Perfectionist Lover
 - **How do you deactivate old Archetypes and activate new Archetypes?**
 - **Every Chaos Cycle that hits your Life will ask you, 'What do you need to Activate in your Power to get through this?'**
 - Stage One: Constellation of Family & Relationship Chaos
 - Set Up Phase of Chaos Cycle of Family & Relationship
 - Energy and events begin to challenge your sense of Self and who you think you are in your Family or Relationships
 - Who you think you are starts to go in flux and feels shaky
 - Start to lose a grip on your Self-Relationship, Family Dynamics, and Relationships with Others
 - Family/Relationships mirrors you with your 'Shadow Side' of the Roles (Archetypes) you relate through
 - As things begin to shake, you'll likely first project and blame others...

- Stage Two: Disruption of Identities/Roles in Family & Relationships
 - Things reach a tipping point often manifesting in events that trigger a Family and Relationship Chaos via Synchronicities of Fate
 - Who you think you are to others betrays you
 - Very often this manifests as a betrayal
 - Affair, someone doesn't help, children call you out, sudden loss-death-illness...
 - **You go to war with others (Family) with issues of Power and Powerlessness**
 - Shame becomes a weapon
 - Codependencies are revealed
 - You surprise yourself with how low you can go...
 - Others trigger and confront you with your Shadow
 - Your Current Core Archetypal Crew of Survival Archetypes of (Mal)Adaptation come on-line and amp up – yet, you look to them to 'order the Family & Relationship Chaos'!
 - Child – (get specific with which 'Child' is yours)
 - **Victim – (will try to blame others/God/Life)**
 - **Perfectionist will often team up with Victim**
 - Prostitute – (will bargain value and power, 'make deals with the Devil, sell out Potential for the known survival security, etc)
 - Saboteur – (get specific with another Archetype)
 - Codependent – (goes into hyperdrive)
 - **Shadow Judge (make others wrong to control them via shame – my story with Laura Berman on Oprah Radio)**
 - **Wicked Queen/Tyrannical King/Narcissist (tries to forcibly control the Chaos that's hitting)**
- Stage Three: Disintegration of Family & Relationships (Identities)
 - Your Family & Relationships begin to fall apart, as does your sense of Self and Identity in them
 - Your old Esteem System and the Roles that fed it hits the skids...
 - You enter the 5 Stages of Death & Dying with Family & Relationships and Cycle around within issues of Power & Powerlessness
 - **Often this can be literal death of a loved one/family member – or a divorce**
 - Denial, Anger, Bargaining, Depression, and Acceptance
 - You are unraveling into being 'Nobody'

- Your Fate/Tribal Archetypal Identities + Survival Archetypes of Adaptation are exposed and you begin to see their conflict with what your Soul has in mind for your Destiny...
- Stage Four: Normalization of Family & Relationship Death (Chaos)
 - More and more you are starting to accept that who you thought you were or were to others is no longer tenable for what you are Destined to become...
 - Many facets of Identity within Family & Relationships have now in fact disintegrated/died – you surrender to being ‘Nobody’ so you can have your sense of Self re-ordered, re-installed, re-calibrated, rebirthed
 - This is the midnight of the Dark Night of Love & Relating
 - While you don’t effort the ‘New You’ – you are not idle!
 - You are active in inner assessment and alchemical participation
 - You become aware of your ‘Conditional Love’ born of a Conditioned Self and its dysfunctional Roles to Others
 - Conscious inventory of the Archetypal/Psychic DNA of Culture and Family
 - What did you inherit as Relationship Patterns/Roles – what all comes with that Legacy?
 - Ex: House Wife, Bread Winner, Adult Child, Father’s Son, Mother’s Daughter, The Dark Night of being LGBTQ, Shame, Woman/Manhood, etc
 - **You realize that being ‘Nobody’ has exposed the superficial intimacy you had with yourself and others!**
 - Who will love me for me?
 - Am I destined for another partner?
 - Who will be there for me if I’m not _____ via my old Archetypes?
 - In the Void of Nobody, Soul-Esteem begins to slowly Activate
 - Slowly but surely, you get a sense of value simply because you are HERE!
 - **The Mystical Lover Archetype begins to whisper in your Heart!**
- Stage Five: Gestation of a New Family & Lover Archetype
 - Soul Esteem continues to Activate
 - Now Soul Archetypes begins to slowly Activate
 - Slowly but surely, your introduced to new Soul Patterns
 - Ex: Codependent pivots to Interdependent, Unrequited Lover to Mystical Lover, Abandoned Child finds the inner Mystical Parents

- It's time to Activate Your New Core Archetypal Crew of Ego-Identity! (this is an instruction as part of the 'guiding' nature of this course)
 - Mystic (soul-esteem)
 - Interdependent (healthy neediness)
 - Mystical Lover (unconditional love)
 - Mystical Victim (forgiveness of betrayal, surrender to Divine Order)
 - Mystical Mother/Father/Child (Spiritually Mature Adulthood)
 - Sacred Prostitute (Giving the Soul Currency)
 - Pragmatist/Realist (Telling inconvenient Truths)
 - Intuitive/Empowered Empath (Being curious and perceptively aware in the Moment with your bandwidth responsibly open)
 - Synchronicities of Destiny Activate
 - Small doors begin to open, You align with new people and activities that help establish, grow, and reinforce a new sense of Family & Connection!
 - You begin to build Trust with your new Archetypal Crew
 - Your relationship to yourself and others is being rebooted!
- Stage Six: Regeneration
 - With your new Archetypal Crew solidly in place, your relationship to yourself stabilizes, as does your new sense of Family
 - **You find yourself in new belonging, esteem, and are solidly within new dimensions of Love and Choice!**
 - **A new cohesive sense of Soul-Identity emerges with a new overall flexibility founded in soul-reliance and Mystical Loving!!**
 - You realize you can handle Life, you got this!
 - A new Power emerges, the power to Ignite Relationship & Family Miracles!

The Anatomy of a Miracle Part II

- **What is a Miracle?**
 - Definition: A surprising and welcome event that is not explicable by natural or scientific laws and is therefore considered to be the work of a Divine Agency
 - Miracles and Soul Contracts
 - Miracles (often) will not take away your 'Soul Lessons' or opt you out of the Mountains you've signed up to climb this lifetime
 - Shamans know this...
 - Miracles can't be 'strategized' per se, but they can be ignited

- What does it mean to 'Ignite a Miracle'?
 - To set up an alchemy via acceptance and surrender within the void of the unknown that invites the Divine to intervene and 'spark' a new set of circumstances that change the course of one's Destiny, sometimes instantaneously
- How do you Ignite Miracles of Family & Relationships?
 - All Miracles are usually ignited in Stage Four (Normalization) or later in a Chaos Cycle – and are usually set in motion by a Soul Prayer
 - **Soul Prayers, and Family/Relationship Miracles**
 - **With Power and Powerlessness in clarified and in check (Holographic Alignment), a Soul Prayer is said, pulling in greater Power from the Holographic Grid of Creation**
 - A moment when your entire sense of Self is suddenly re-mapped, re-calibrated, and new Family Dynamics & Relationships are born
- **Next Lesson:** Chaos Cycles of Health & Money, Anatomy of a Miracle Part III, Health & Money Miracles,

Closing Guided Meditation on Activating the Mystical Lover Archetype

Bonus Content:

How Fate becomes Free Will

I invite you to go into more depth than what was presented during the Video/Audio Lecture on the subject of how Fate becomes Free will via a BLOG post that I wrote on my website.

This is very relevant to this course and will be addressed in subsequent lessons. You can access that article via this link:

<https://www.ohotto.com/how-does-your-fate-become-free-will/>

Questions for Reflection from Lesson Three:

What came up for you during the first guided meditation on Relationship & Family Chaos?

Are you currently in a Chaos Cycle of Family and/or Relationships – how is this affecting you?

How have you made Family Dynamics and Roles your Identity – how has that been replicated in your Adult Relationships?

Can you identify how, in the past, you've made your Chaos Cycles longer by resisting their instruction and fighting their timing?

What is/are Your Child Archetype(s) – what was your Childhood experience like generally – what role were you imprinted with at birth via your Family and Environment – any shifts on this since Lesson 2?

What other Survival Archetypes of Adaptation did your Psyche recruit to survive Childhood – any new additions since Lesson 2

What comprised your Family Tribal Identity – what was handed down from the Legacy of your Ancestors – what historical momentum of unresolved and outmoded survival strategies are you dealing with?

Did your Family make Cultural Wounds part of its Identity – how did this 'pass through' into your Identity?

Where and how have you replicated your Family System via the Roles you relate to others through now as an Adult?

Do most issues in your Family & Relationships center around control, being valued, and fears of abandonment – how has that collapsed your loving and blocked connections with others?

Can you name the way you primarily abandon yourself via Survival Archetypes of Adaptation?

Do you empower the image of what Family & Relationships are supposed to be as defined by Culture and Society – is that congruent with the mystical essence of what Family & Relationship are meant to be for you?

What Archetypes of Destiny continue to pressure you to be courageous and go into the unknown of your Potential when it comes to Family & Relationships ?

What did the closing Guided Meditation bring up for you on Activating the Mystical Lover Archetype – could you make a connection with its Power?

Exercise:

(Feel free to use the Cross of Ego-Identity Expression Diagram to Help!)

(FATE)

Identify the best you can your current core Archetypal Crew of Survival Archetypes of (Mal)Adaptation that manage Relationship & Family Chaos and Challenges for you...

Ex: Child – (get specific with which ‘Child’ is yours; Victim; Prostitute; Saboteur – (get specific with another Archetype); Codependent; Addict, etc.....

(DESTINY)

Identify the best you can the new Archetypal Crew of Relationship & Family Destiny that’s activating in Your Life...

Ex: Mystic; Inner Mystical Parents/Child; Mystical Lover; Sacred Prostitute; Interdependent, Intuitive/Empowered Empath, etc...