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Session/Lesson Four

Some Questions for Reflection from Lesson Three as Review:

How have you made Family Dynamics and Roles your Identity – how has that been replicated in your Adult Relationships?

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Do most issues in your Family & Relationships center around control, being valued, and fears of abandonment – how has that collapsed your loving and blocked connections with others?

Can you name the way you primarily abandon yourself via Survival Archetypes of Adaptation?

What Archetypes of Destiny continue to pressure you to be courageous and go into the unknown of your Potential?

What Archetypes of Destiny continue to pressure you to be courageous and go into the unknown of your Potential when it comes to Family & Relationships ?

What did the closing Guided Meditation bring up for you on Activating the Mystical Lover Archetype – could you make a connection with its Power?



Session/Lesson Four

In this Lesson we will cover:

- What it means to 'Activate' a new Archetype (Expanded Teaching)
- Health & Money as the Karmic Earth Manifestation of Your Patterns
- The Financial Dark Night & the Soul of Money
- Health Chaos & the Body of Your Life
- The Archetypal breaking down and reordering of your Esteem System
- Working with your Survival Archetypes of Adaptation and deactivating them during a Chaos Cycle of Health & Money
- The unique Archetypal Crew you'll need to activate for Cycles of Health & Financial Chaos
- Paying the Debt of Non-Presence
- Igniting Health & Money Miracles

Chaos Cycles of Health & Money

- **A Beginning Meditation on the Archetypes that Manage Your Health & Money**
 - What it means to Activate a New Archetype (Expanded Teaching)
 - **Can You be Addicted to Chaos?**
 - **Yes & No – what you're really addicted to is the payoff of Chaos**
 - **This is the Chaos of Self-Sabotage**
 - **the pay-off of this Chaos is it keeps things the same and defends against the unknown of your Potential**
 - Health & Money as the Karmic Earth Manifestations of Your Life Patterns
 - Chaos as an Instruction you don't want to listen to...
 - How things move from the Psychic to the Material Realm
 - All Chaos Cycles will affect your sense of Identity & Ego
 - Identifying Your Relationship with Money
 - Money & Your Esteem System
 - What is an Esteem-System?
 - An adapted, developed, and organized way that you get value in the World that aids your survival in...
 - Family, Relationships, Groups, Religion, Society, Culture
 - What Archetypes comprise your 'Esteem Team' (meaning the manage and create your value) and how do they form your Identity?
 - First look to your Survival Archetypes of Adaptation
 - Ex: Perfectionist, **Blood Donor** (giving up of life resources to others), Athlete, **Rescuer**, Codependent (emotional processor for others), Adult Child (Mother/Father), etc...
 - What about the Survival Archetypes of Adaptation of your Family, Society, and Culture that comprise their Esteem-System? (Upper Class/White Trash, Super Model, Entrepreneur, Billionaire, Athlete, CEO, Best-Selling Author, Celebrity, Fame, Christian, Islamist, etc)
 - What Archetypes Manage your Money?
 - Name your Financial Archetypal Team
 - First look to your Survival Archetypes of Adaptation
 - Ex: Adult Child, **Banker** (as in others treat you like a bank), Rescuer, Miser, Gambler, Misogynist, etc...
 - Starving: Healer, Teacher, Artist
 - What about the Survival Archetypes of Adaptation of your Family, Society, and Culture? (Religions that split Heaven and Earth naming Money as 'Evil' and not of God)
 - **Do you give your Soul any currency?**

How you manage your Money connects to how you manage your Health as both are your Resources!

- Identifying Your Relationship with Health
 - The Holographic Nature of Health
 - What does 'Health' mean to you?
 - Spiritual, Psycho-Spiritual, Psychological, Mental, Emotional, Energetic, Physical ----- Health!
 - Which Archetypes Manage the Various Aspects of Your Holographic/Holistic Health? (Name one for Each Aspect)
 - Spiritual _____
 - Psycho-Spiritual _____
 - Psychological _____
 - Mental _____
 - Emotional _____
 - Energetic _____
 - Physical _____
 - Follow up this exercise now by running the same question past your Survival Archetypes of Adaptation – some examples for consideration are here...
 - The Mystic & Addict
 - Perfectionist
 - Procrastinator
 - Victim
 - Child (which one)
 - New Ager
 - Dieter
 - Wounded Healer
 - Therapist
 - Personal Trainer
 - Liar
- **Health, Money, & the Liar Archetype**
 - More than any other area, when a Chaos Cycle hits us in our Health & Money, it exposes the Lies that we tell ourselves about our Esteem-System, Patterns, Patterns in Relationships, and their Karmic Consequences for our Lives
 - The Liar Archetype manages the Karmic Fallout of your other Patterns and Archetypes by helping you lie to yourself
 - When Chaos hits Health and Money, it's a direct hit to your literal survival
 - Ex: Food Addict and a Health Crisis; Codependent and a Health Crisis; Adult Child/Rescuer and a Financial Crisis
 - What drives your Esteem-System is revealed as the fuel that feeds the Liar in you...and this is often sourced from Shame/Fears of Abandonment

The Transition from your Family Fate to the development and expression of a Mystical Family & Relationship Potential requires a Chaos Cycle!

- **The Six Stages of a Health & Money/Finances Chaos Cycle Prep**
 - Meeting Your Fated Archetypal Crew of Health
 - What Archetypes mismanage Your Health?
 - Ex: Addict, Perfectionist, Procrastinator, Dieter, Codependent, Liar
 - Meeting Your Fated Archetypal Crew of Money
 - What Archetypes mismanage Your Money?
 - Ex: Shadow Prostitute, Starving Healer/Teacher, Adult Child/Rescuer, Liar
 - How do these Archetypes connect with the management of your Shame & Esteem?
 - What of these have become Identity for you in a way that blocks your Potential and keeps things the same?
 - Money, Choice, & The Sacred Prostitute
 - It's crucial to understand that money empowers you with more Choices
 - What Archetypes choose for you – and what do they choose?
 - The more money an Archetype has (or Archetypal Crew) the more empowered it is to choose in alignment with its Pattern
 - Ex: Adult Child, Addict, Codependent
 - 70% of lottery winners go broke, 44% had spent all their winnings within 5 years of winning!
 - The Sacred Prostitute
 - A Survival Archetype that is not gender specific and regulates what you sell in the World to survive
 - A Chaos Cycle will trigger and expose the ways in which you sell that are out of alignment with your value and Potential (as per your Soul Contract)
 - You will also inventory what you simply giveaway for free to the cost of your own resourcing – the results of this often make their way into your Health
 - Facing Up to Your Debts
 - **What are your current 'debts'?**
 - **How are you chasing your losses and going further into debt?**
 - **Facing 'The Debt of Non-Presence' (consult the bonus content for more on this)**
 - **Every Chaos Cycle that hits your Life will ask you, 'What do you need to Activate in your Power to get through this?'**

The Six Stages of a Health & Money/Finances Chaos Cycle

- **Stage One: Constellation of Family & Relationship Chaos**
 - Set Up Phase of Chaos Cycle of Health & Money
 - Energy and events begin to challenge your Health & Finances
 - Your Health starts to feel funky, something feels off, you begin to feel more tired...
 - Your income to debt ratio starts to get harder to manage
 - Start to lose a grip on your Lies, Relationships with Family and Others become more draining and toxic to your Health and Finances
 - Your Health, Bank Account, and Family/Relationships mirror you with your 'Shadow Side' and the Roles (Archetypes) you manage money and wellness through
 - As things begin to shake, you'll likely first project and blame others...efforts to keep your lies alive amp-up

- **Stage Two: Disruption of Systems, Identities, and Patterns in Health & Money**
 - Things reach a tipping point often manifesting in events that trigger Health and/or Financial Chaos via Synchronicities of Fate
 - What you had invested in or your Roles to Others betray you
 - Very often this manifests as a feeling scammed, or incapacitated by a health crisis
 - Ex: Partner lies about your shared money accounts, you get a life threatening diagnosis, someone doesn't help you when you need it financially, your 'Debts of Non-presence' come to collect (see bonus content), sudden financial loss
 - **You go to war with God/The Divine with issues of Power and Powerlessness**
 - Your Victim is in full swing
 - Toxic Self-Deception & Codependencies are revealed
 - You surprise yourself with how low you can go your own victim stories, denial, and lies...
 - Others trigger and confront you with your Shadow

- Your Current Core Archetypal Crew of Survival Archetypes of Adaptation come on-line that mismanage your Money, Esteem, and Health – yet, you look to them to ‘order the Health & Money Chaos’, while holding onto your Lies!
 - Child – (get specific with which ‘Child’ is yours)
 - **Victim – (will try to blame others/God/Life)**
 - Prostitute – (will bargain value and power, ‘make deals with the Devil, sell out Potential for the known survival security, etc)
 - Saboteur – (get specific with another Archetype)
 - Codependent – (goes into hyperdrive)
 - Addict
 - Sugar Crew (Mommy/Daddy/Starving Child)
 - **Liar (keeps Systems active with self-denial, projection, and cover stories)**
- **Stage Three: Disintegration of Your Esteem, Health, and Financial Systems** (And the Roles, Identities, and Values that go with them!)
 - Your Esteem, Health, and Money Systems begin to fall apart, as does your sense of Self and Identity in them
 - You enter the 5 Stages of Death & Dying with Family & Relationships and Cycle around within issues of Power & Powerlessness
 - Denial, Anger, Bargaining, Depression, and Acceptance
 - You are unraveling into being ‘Nobody’, which in this case means being ‘System-less’
 - Your Esteem-Health-Money Fate/Tribal Archetypal Systems + Survival Archetypes of Adaptation are exposed and you begin to see their conflict with what your Soul has in mind for your Destiny...
 - Your Values are deeply exposed and questioned, as well as the Choices they Guide
 - Want to know what your true values are beyond your ‘Cover Stories’ – look to what you actually choose and why!
 - **A Karmic Autopsy begins via the Manifested Results of your Life Systems...**
 -
- **Stage Four: Normalization of Health & Financial Death (Chaos)**
 - More and more you are starting to accept that who you thought you were or were to others is no longer tenable for what you are Destined to become...
 - Many dysfunctional Esteem-Health-Financial Systems have now in fact disintegrated/died – you surrender to being ‘System-less’ so you can have your sense of Self re-ordered, re-installed, re-calibrated, rebirthed

- This is the midnight of the Dark Night of Health & Finances
 - While you don't effort the 'New You' – you are not idle!
 - **You are active with inner assessment and alchemical participation in the creation of new Esteem-Health-Financial Systems**
- You become aware of your Power & Powerlessness when it comes to your Health – this may include a prognosis that you could literally die
 - My miraculous story with Mark and AIDS
- Conscious inventory of the Archetypal/Psychic DNA of Culture and Family when it comes to Health & Money
 - What did you inherit as Relationship Patterns/Roles – what all comes with that your Cultural and Family Legacy?
 - How has that somatized into Physical DNA?
- **You realize that being 'System-less' has exposed the enormous 'Debt of Non-presence' you've racked up with the old Esteem-Health-Financial Systems**
- **You become aware of that your Spirit, Energy, Life, and Time are your most valuable currencies, and how you've recklessly spent them on poor investments...**
- In the Void of being System-less/Nobody, a new Soul-System begins to slowly Activate
 - Soul-Esteem begins to activate and neutralize your Shame
 - **The Mystic Archetype begins to energize the Body of your Life and all its facets of Health!**
- **Stage Five: Gestation of a New Esteem-Health-Financial Systems**
 - The Mystic continues to Activate New Systems fueled by Soul-Esteem
 - Now Soul Archetypes begins to slowly Activate
 - Slowly but surely, your introduced to new Soul Patterns
 - Ex: Codependent pivots to Interdependent, Shadow Prostitute pivots to Sacred/Mystical Prostitute, Starving Healer pivots to Abundant Healer, Starving Artist pivots to Wealthy Artist, (Food) Addict pivots to (Food) Mystic, Sugar Daddy/Mommy pivots to Mystical Lover/Partner, Starving Child pivots to Nourished Child via the inner Mystical Parents, Shadow Rescuer pivots to Soul-Esteem Rescuer...

- It's time to Activate Your New Core Archetypal Crew Health & Money! (this is an instruction as part of the 'guiding' nature of this course)
 - Mystic (soul-esteem/[presence](#))
 - Interdependent (healthy giving and receiving)
 - Mystical Lover (unconditional love with standards)
 - Mystical Victim (forgiveness of betrayal, surrender to Divine Order)
 - Mystical Mother/Father/Child ([Makes sure the basic necessities/needs of the Inner Child are met](#))
 - Sacred Prostitute (Giving the Soul Currency)
 - [Truth Teller](#) (Tells inconvenient Truths)
 - [Intuitive Investor](#) (Invests resources based on intuitive risk, not reckless risk)
 - [Spiritually Mature Adult](#) (Manages self-limits from a base of self-love, honesty, and practical assessment of others)
 - Synchronicities of Destiny Activate
 - Small doors begin to open, You align with new people and activities that help establish, grow, and reinforce a the New Systems!
 - You begin to build Trust with your new Archetypal Crew
 - Your relationship to yourself and others is being rebooted!
- **Stage Six: Regeneration**
- With your new Archetypal Crew & Systems solidly in place, your relationship to yourself stabilizes, as does your new sense of Identity within the New Systems
 - **Your Health starts to regenerate, you find yourself in new belonging, esteem, wellness, energy, and are solidly within new dimensions of News Choices!**
 - **A new cohesive sense of Soul-Identity emerges with a new overall flexibility founded in soul-reliance and Mystical Presence**
 - **You are not living a life that is centered on your Debts of Non-Presence and chasing losses!!**
 - **You Financially begin to heal, stabilize, and get ahead!**
 - **You give your Soul Currency and that translates into how you spend/invest your Spirit, Health, Time, and Material Resources**
 - You realize you can handle Life, you got this!
 - A new Power emerges, the power to Ignite Health & Money Miracles!

The Anatomy of a Miracle Part III

- **What is a Miracle?**
 - Definition: A surprising and welcome event that is not explicable by natural or scientific laws and is therefore considered to be the work of a Divine Agency
 - Miracles and Soul Contracts
 - Miracles (often) will not take away your 'Soul Lessons' or opt you out of the Mountains you've signed up to climb this lifetime
 - Shamans know this...
 - Miracles can't be 'strategized' per se, but they can be ignited
 - What does it mean to 'Ignite a Health or Money Miracle'?
 - To set up an alchemy via acceptance and surrender within the void of the unknown that invites the Divine to intervene and 'spark' a new set of circumstances that change the course of one's Destiny, sometimes instantaneously in relationship to Health & Money
 - How do you Ignite a Health or Money Miracle?
 - All Miracles are usually ignited in Stage Four (Normalization) or later in a Chaos Cycle – and are usually set in motion by a Soul Prayer
 - **Soul Prayers, and Health/Money Miracles**
 - **With Power and Powerlessness in clarified and in check (Holographic Alignment), a Soul Prayer is said, pulling in greater Power from the Holographic Grid of Creation**
 - A moment when your entire Systems of Self is suddenly re-mapped, re-calibrated, and new Esteem-Health-Money Miracles are born
- **Next Lesson:** Chaos Cycles of Career & Spiritual Calling, Anatomy of a Miracle Part IV, How do you know your Calling?, Merging Calling and Career together, Igniting Spiritual Calling & Career Miracles

Closing Guided Meditation on Activating a New System of Esteem, Health, and Money

Special Bonus Content:

Paying the Debt of Non-Presence

I invite you to go into more depth than what was presented during the Video/Audio Lecture on the subject of Chaos Cycles with Health & Money via a Radio Show Podcast I did called 'Paying the Debt of Non-Presence' which you can download for free via the link below.

This received a massive response when it originally aired and I'm sure it you'll find its teachings a complimentary and powerful addition to this course!

You can access and download the podcast here:

<https://www.ohotto.com/paying-the-debt-of-non-presence/>

Questions for Reflection from Lesson Four:

What came up for you during the guided meditation on the Archetypes that Manage your Health & Money/Finances?

Are you currently in a Chaos Cycle of Health & Money – how is this manifesting for you?

Are you addicted to the Pay Off of Chaos keeping things the same in your Life?

Are you aware of how your Esteem-System creates your sense of value?

What is your Relationship like with Money – what Archetypes manage your Money?

Do you give the Soul Currency – how do you relate to the Archetype 'Wealthy Healer'?

What does it mean for you to be 'Healthy' – what Archetypes manage your Health?

Are you in touch with your Liar Archetype – what Lies does it tell and why?

What did the closing Guided Meditation bring up for you – if you are already enough, now what – if you're not chasing your value, what then motivates you?

Exercises:

Identify and Name, the best you can, Your 'Esteem-Team' per the Archetypes that Manage Your Esteem-System

Track how issues move from the Psychic into the Physical in your Life by starting with the manifested Karma already in the room!

Examine the Holographic Nature of Your Health as per the Questions in the Outline

(FATE)

Identify the best you can your current core Archetypal Crew of Survival Archetypes of Adaptation that mismanage your Health & Money

Ex: Child – (get specific with which 'Child' is yours; Victim; Shadow Prostitute; Saboteur – (get specific with another Archetype); Blood Donor; Liar; Addict, etc.....

(DESTINY)

Identify the best you can the new Archetypal Crew of Health & Money Destiny that's activating in Your Life...And how you keep lying to yourself to keep Them out and your Old Crew in!

Ex: Mystic; Inner Mystical Parents/Child; Truth Teller; Sacred Prostitute; Interdependent, Intuitive Investor; Spiritually Mature Adult, etc...